



# DES MOINES

**WINTER 2018**

**CITY CURRENTS**

**Ecology Projects for Airport Communities**

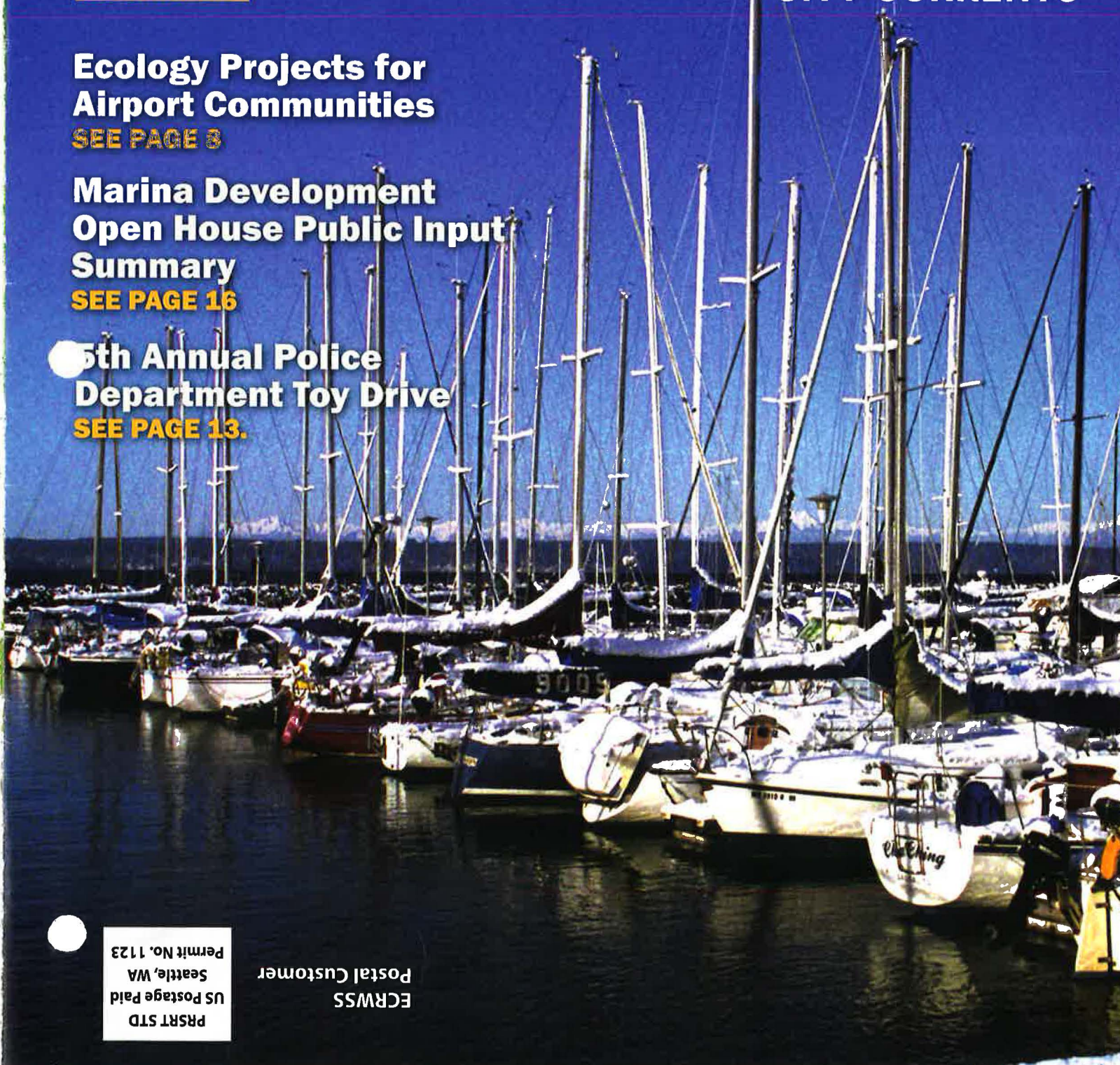
**SEE PAGE 8**

**Marina Development Open House Public Input Summary**

**SEE PAGE 16**

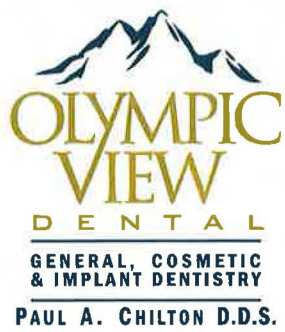
**5th Annual Police Department Toy Drive**

**SEE PAGE 13.**



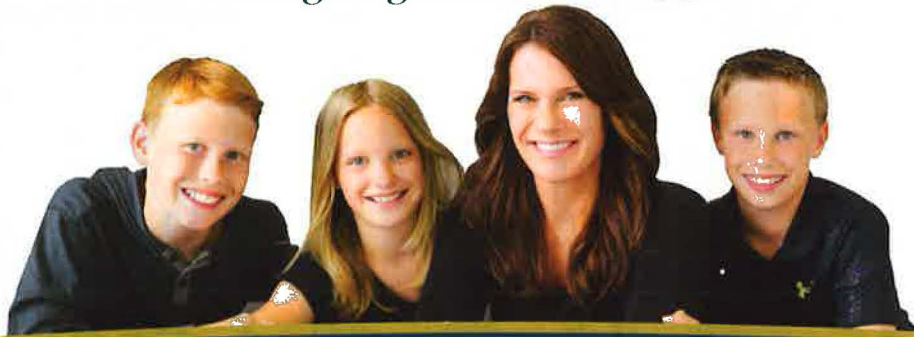
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# 2018 Winter

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## On the flip side...

### Your Guide to Des Moines Parks, Recreation & Senior Services

Flip the magazine over to check out the **WINTER** schedule.

- Club KHAOS schedule— Register now!
- Get Out and Have Fun: Outings to gardens, restaurants, performances and travel abroad!
- Sign up for Adult and Youth sports leagues today!



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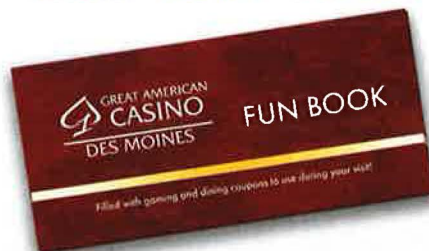
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# Council Highlights

## DES MOINES CITY COUNCIL



**Matt Pina**  
Mayor



**Vic Pennington**  
Deputy Mayor



**Robert K Back**  
Councilmember



**Luisa Bangs**  
Councilmember



**Dave Kapien**  
Councilmember



**Melissa Musser**  
Councilmember



**Jeremy Nutting**  
Councilmember

**City Council meets  
1<sup>st</sup>, 2<sup>nd</sup> and 4<sup>th</sup>  
Thursdays  
at 7pm**

- Agreement with the South County Area Transportation Board (SCATBd) for Continued Participation.
- Amendment No. 1: Agreement for Planning, Funding and Implementing a Joint Human Services Application and Funding Program.
- South 223<sup>rd</sup> Street – Pavement Rehabilitation Project Consultant Services Contract Supplement 2: Geotechnical LID Investigation.
- Approval of Grant Award: Economic Development Partnership Agreement with Port of Seattle.
- City Manager Preliminary 2018 Operating and Capital Budgets.
- Professional Services Contract Amendment: Grant Fredricks.
- Amendment to Title 2 Administration and Personnel DMMC 2.12 Employee Policies, Ordinance 1689.
- Policy for Local Travel and Non-Travel Meal and Related Expenses, Resolution 1369.
- Federal Way School District No. 210 Proposition 1, Resolution 1370.

### Other Action Taken:

- SCORE Budget Update.
- Des Moines Pool Metropolitan Park District Update.
- Held Budget Retreat.
- Spirit of Des Moines Awards.
- Legislative Update: Rep. Tina Orwall and Conner Edwards.
- Emergency Management Exercise Report.
- National Recovery Month Proclamation.
- 2018 Planning with Community Groups: Des Moines Legacy Foundation, Destination Des Moines and Farmer's Market.
- Outgoing Human Services Recognition; Dr. Alex Szabo.
- Boy Scout Appreciation and Ribbon Cutting Ceremony; Barnes Creek Nature Trail.
- Transportation Gateway S 216<sup>th</sup> Street Ribbon Cutting Celebration.
- Marina Development Open House.
- Madi's Restaurant Grand Opening Ribbon Cutting.
- Van Gasken Open House Dedication.
- Emergency Management Presentation or Elected Officials and Policy Makers.

### CITY COUNCIL HIGHLIGHTS FROM AUGUST-NOVEMBER Ordinance 1686-1689 Resolution 1364-1370

#### Held Public Hearings:

- 2018-2037 Transportation Improvement Plan, Resolution 1364.
- Amending Chapter 16.05 Relating to Categorical Exemptions for Minor New Construction Under the State Environment Policy Act (SEPA), Ordinance 1688.
- 2018 Operating and Capital Budgets.

#### Approved the Following Action:

- Amendments to Title 4 DMMC, Amending the Title Mayor Pro Tem to Deputy Mayor, Ordinance 1686.
- Removal and Destruction of Nuisance Vegetation and Debris, Ordinance 1687.
- 2018-2023 Capital Improvement Plan, Resolution No. 1365.
- Aviation Advisory Committee Appointments: Sheila Brush, Steve Edmiston, David Clark, Wendy Ghiora and Mark Proulx.
- Termination of the SSI Pacific Place Development Agreement.
- Compensation for Non-Represented Employees, Resolution 1366.
- Community Development Staffing.
- Dorothy M. Provine Estate Bequest: Expenditure Recommendations.

- Forterra Memorandum of Understanding: Van Gasken House.
- Opposition of Siting of Illegal Substance Injection Facility, Resolution 1367.
- Set Public Hearing to Consider Amending Chapter 16.05 Relating to Categorical Exemptions for Minor New Construction Under the State Environment Policy Act (SEPA), Resolution 1368.
- South 216<sup>th</sup> Street – Segment 3, KPG Engineering Task Assignment; Supplement #1, S 216<sup>th</sup> Street/11<sup>th</sup> Avenue S Intersection Pipe Replacement Project.
- Lease Agreement with Forterra: Van Gasken Property.
- Arts Commission Committee Appointments: Patricia V. Clark and M. Anne Sweet.
- Human Services Advisory Committee Appointments: Susan Barber.



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## From the Mayor



By Mayor Matt Plina

FALL IS FINALLY HERE after a magnificent summer in Des Moines. I would like to focus this article on a recount and update on a great number of significant accomplishments made over the past year. First and foremost, for the second year in a row the City has established and maintained a sustainable budget. Our leadership team that includes the City Council, the City Manager and Administration have worked hard to assure the City is on sound financial footing. Structural revenues are balanced with structural expenditures and no one time money is being used to balance the budget. Discipline has been the foundation of our efforts, and we are moving forward in a safe and secure manner.

We have also enhanced our law enforcement and expanded our presence on a regional task force to address violent and gang related crime. The money collected from red light cameras, designated for public safety purposes, has allowed us to increase funding for law enforcement and add new faces to the Police Department. The Department has moved to a new model of policing, called *Evidence Based Policing*, a strategy that is described elsewhere in this edition of City Currents (page 16). One of the few budget additions in 2018 is for the City to join the regional SWAT team to assist our efforts to prevent and stop violent crime. Our Police in collaboration with the City Manager's Office, City Attorney, Code Enforcement and Public Works have developed the Pacific Ridge Strategic plan to provide multiple tools to address crime in that area and elsewhere in the City. We are moving in the right direction.

Also related to law enforcement as well as the future of the Marina, the City instituted paid parking on the Marina floor. The results have been significant. Our PD has been sweeping the parking lots at closing (10pm) every night. The gates have assisted in enforcing the 10pm nightly closure and with the assistance of additional enforcement by the Police Department, after hour's crime, noise complaints, and related incidents at the Marina have been virtually stopped. Calls for service have been cut by 60% and neighboring residences are no longer bothered by noise and illegal activity at night. Marina parking revenues from July 6, 2017 through the end of October totaled approximately \$63,888. This money will be used to repair the failing north bulkhead and assure the integrity of the Marina infrastructure for generations to come.

Recently, the City held a Marina Development Open House to provide an opportunity for our residents and those interested in Marina development to comment and provide input. We held the event aboard the Argosy boat, Goodtime II (that Argosy was kind enough to donate for the event) and almost 200 people participated. Their inputs will be compiled and utilized as we work to develop feasible plans for future Marina development. This effort is also being assisted financially by the Port of Seattle. The future of Marina development will most likely be accomplished through Public/Private partnerships. (Please see page 16, for a more complete description of this event).

The Des Moines Creek Business Park is in full swing. The new Federal Aviation Administration building is near completion and the FAA employees will start populating the building in late January, 2018. Approximately 4,000 new jobs will be located in the City of Des Moines as the Business Park is completed.

In order to provide access to the downtown and Marina for these new workers, the City has partnered with King County METRO to implement a Community Connections pilot Program that will

provide multi-modal access from the new Angle Lake Light Rail Station through the Business Park, down 216<sup>th</sup>, stopping at Wesley Homes and then into the downtown, the Marina and then back to the Business Park and Angle Lake Light Rail Station. This will provide opportunities for Business Park employees to come downtown, enjoy a meal and other retail options and then return to the Business Park without the need to bring a car downtown.

Several exciting development projects are also underway including the renovation of the Des Moines Theater and a mixed use project located at the "Pit," just south of Wally's on Marine View Drive.

The extension of improvements to 216<sup>th</sup> will be starting soon as well. This extension will start just west of the Post Office and move down the hill. This improvement will help create a Gateway to the downtown.

A few other items that are worth mentioning: In August, a number of City staff travelled to Emmitsburg, Maryland to attend the National Institute for Emergency Management. This training will enhance our capacity to respond to any emergency management incidents in our city or region. Emergency management preparedness is an ongoing activity and our staff and City Council will continue our efforts to assure we are ready for any incident that may occur.

Finally, in September, the City purchased the Van Gasken property, located at the western foot of 222<sup>nd</sup> Ave overlooking the Marina and the Puget Sound. This was done in a partnership with Forterra, a non-profit agency that participates in preserving critical urban and rural open space. They are a committed and effective environmental steward, and their participation provided support for the City to acquire this beautiful property for generations to come.

The City is in good hands and moving forward. I wish you a wonderful holiday season and look forward to the opportunities we have to make our City the best it can possibly be.

## TWO OPENINGS ON CITY SENIOR SERVICES ADVISORY COMMITTEE

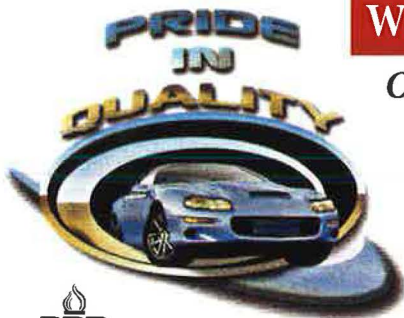
THE CITY OF DES MOINES HAS TWO OPENINGS on its Senior Services Advisory Committee. The purpose of the senior services advisory committee is to advise the city council on policy and budgetary subjects related to senior services. The committee term for the vacancy is four

years. Committee members may serve a maximum of two full terms. The committee meets approximately six times per year.

For more information please contact Sue Padden, Senior Services Manager at 206-870-6584.

## BALLPARK BANNER SPONSORSHIP PROGRAM

To promote local business we place 4x8' banners at Steven J Underwood Memorial Park and/or the Field House Park. The program runs from April to November and businesses can have their banner fly for either one (1) year or three (3) years. Typically, these parks are booked solid from March through November so the banner would receive tremendous exposure. For more information or to participate in the program, phone 206-870-6547 or email [jbest@desmoineswa.gov](mailto:jbest@desmoineswa.gov).



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## DES MOINES DIRECTORY

### City Hall

21630 11th Avenue South  
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### Business Hours

Monday - Friday  
8:00am - 4:30pm  
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### City Council

Matt Pina, Mayor	<a href="mailto:MPina@desmoineswa.gov">MPina@desmoineswa.gov</a>
Vic Pennington Deputy Mayor	<a href="mailto:VPennington@desmoineswa.gov">VPennington@desmoineswa.gov</a>
Luisa Bangs	<a href="mailto:LBangs@desmoineswa.gov">LBangs@desmoineswa.gov</a>
Robert K Back	<a href="mailto:RBack@desmoineswa.gov">RBack@desmoineswa.gov</a>
Dave Kaplan	<a href="mailto:DKaplan@desmoineswa.gov">DKaplan@desmoineswa.gov</a>
Melissa Musser	<a href="mailto:MMusser@desmoineswa.gov">MMusser@desmoineswa.gov</a>
Jeremy Nutting	<a href="mailto:JNutting@desmoineswa.gov">JNutting@desmoineswa.gov</a>

### City Offices

City Attorney	206-870-6553
City Clerk	206-870-6519
City Manager	206-870-6541
Planning/Building	206-870-7576
Engineering	206-870-6522
Facilities Rentals	206-870-9370
Finance Director	206-870-6532
Marina	206-824-5700
Municipal Court	206-878-4597
Parks Administration	206-870-6527
Police Department	206-878-3301
Public Works/Park Maintenance	206-870-6559
Recreation	206-870-6527
Senior Services	206-878-1642

### Other Numbers

Emergency	
Animal Control	206-870-4
Field House	206-870-6527
Fire (non-emergency)	253-839-6234
Library, Des Moines	206-824-6066
Library, Woodmont	253-839-0121
Police Dispatch (non-emergency)	206-878-2121

### Utilities and Services

Century Link	800-573-1311
CleanScapes	206-762-4900
Comcast	877-778-7008
Highline Water District	206-824-0375
Lakehaven Wtr/Sewer	253-941-1516
Midway Sewer District	206-824-4960
Puget Sound Energy	800-321-4123
SW Suburban Sewer	206-244-9575
Water District #54	206-878-7210

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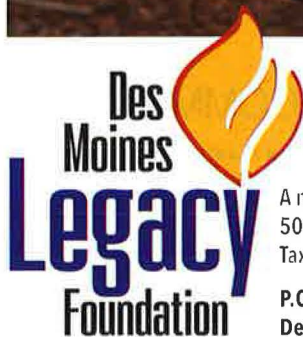
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## DES MOINES

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# Ecology Projects For Airport Communities

Diverse Community Organizations Receive Funding

11/01/2017

PHOTO COURTESY: DON WILSON/PORT OF SEATTLE



Port of Seattle Commissioners John Creighton and Fred Felleman recognized the initial recipients of the Airport Community Ecology (ACE) Fund Small Matching Grants program at the Environmental Science Center in Burien on Wednesday. A total of \$85,900 in grants were awarded to 11 community projects. **Back row:** Port of Seattle Commissioner Fred Felleman, Tammy Coburn/Weed Warriors, Andrew and Adam Powers/Key Tech Labs, George C. Scott/artist, Des Moines Legacy Foundation, Dan Johnson/Des Moines Rotary Foundation. **Middle Row:** Robin Webster/Friends of Saltwater State Park, Patrice Thorell/Reach Out Des Moines, John Feeney/New Start Community Garden, Port of Seattle Commissioner John Creighton. **Front Row:** Wendy Morgan/Highline Botanical Garden Foundation, Natalie Charise/Key Tech Labs, Mary Eidemann/Futurewise, Sally Wolf/Zero Waste Washington, Tara Luckie/Environmental Science Center, Grace Stiller/Weed Warriors.

SEATTLE — A robot to tend a community garden, battling invasive species, tree planting, and a public art project celebrating the area's seafaring heritage are among the 11 projects that received funding from the Port of Seattle today. The Port awarded the first grants under its new Airport Community Ecology (ACE) Fund Small Matching Grants Program to assist communities around Seattle-Tacoma International Airport.

The organizations received a share of the initial \$85,900 in grants awarded by the program. For each dollar awarded under the program, recipients must demonstrate three dollars in value to the community, according to state law. All grants received the full amount requested.

"We are proud to be able to fund this first round of grants under our innovative Small Matching Grants Program," said Port Commissioner John Creighton. "The Port of Seattle recognizes how important it is to be a good neighbor, and these programs reflect the best spirit of collaboration between the Airport and the cities of SeaTac, Burien and Des Moines."

Creighton added, "I am pleased with the number of applications and strength and diversity of the programs being funded in the initial round of grants. Together we're going to make these funds benefit the environment and quality of life in all three communities."

The Airport Community Ecology (ACE) Fund offers grants to organizations to improve the natural environment through projects and programs that improve livability in near-airport communities.

The \$1 million ACE Fund was authorized by the Port of Seattle Commission in November 2016 in recognition that neighboring communities that experience more impacts from airport operations should also experience additional benefits. The Commission directed that the program support environmental projects and programs in the cities of Burien, Des Moines and SeaTac.

A total of \$550,000 in the ACE Fund Small Matching Grants Program will be distributed to community organizations over the course of three years (2017-2020). The next grant cycle will begin in January 2018 with awards to be distributed in the spring. The remaining ACE Fund program dollars will be distributed as part of the Green Cities Partnership Program to help cities start initiatives to expand and nurture urban forest.

Here are the specific Des Moines grant recipients and their projects:

**1. FARMBOT – ECOTECH IN AN URBAN GARDEN, KEY TECH LABS, DES MOINES (\$3,250).**

This project will combine STEM (Science, Technology, Engineering and Math) and healthy food education by teaching youth how to build a robot which will tend a community garden in Des Moines' high poverty area of Pacific Ridge.

**2. BEACH HEROES, ENVIRONMENTAL SCIENCE CENTER, ALL CITIES (\$10,000).**

Grant will sustain program's ability to partner with Highline School District teachers to bring 1,200 students to an education center at Burien's Seahurst Park.

**3. MIDWAY COMMUNITY GARDEN, REACH OUT DES MOINES, DES MOINES (\$1,150).**

Grant funds will be used to acquire materials to start constructing the Midway Park Community Garden project in Des Moines.

**4. STORMFEST, FUTUREWISE, ALL CITIES (\$10,000).**

This program aims at increasing Highline Public Schools students' understanding of stormwater, reduce behaviors contributing to pollution and inspire stewardship long-term by providing hands-on, experiential education.

Grant funds will support the development of a neighborhood history research project that will inform the design of the new Neighborhood Heritage Garden.

**5. PUGET SOUND ENVIRONMENTAL SCULPTURE, DES MOINES LEGACY FOUNDATION, DES MOINES (\$10,000).**

The grant enables the Foundation to collaborate with a local artist and community partners to create a public art sculpture to be located on the Des Moines waterfront.

**6. INVASIVE WEED REMOVAL AND AWARENESS CAMPAIGN, FRIENDS OF SALTWATER STATE PARK, DES MOINES (\$1,500).**

This project aims to remove invasive ivy and other species that are taking over Saltwater State Park to improve health of existing trees, plant more trees, and create an awareness campaign regarding healthy environmental stewardship in Des Moines.

**7. MIDWAY PARK & PLAY AREA RESTORATION, DES MOINES ROTARY FOUNDATION, DES MOINES (\$10,000).**

The grant provides funds that enable volunteers to repair and maintain park equipment to enhance the beauty and recreational value of the park for youth and families to enjoy.



# DID YOU KNOW?

**TO BETTER INFORM** our residents the City of Des Moines went through a series of "Communication Upgrades" over this past year.

**IN JANUARY**, Council and Staff met with a Communications Consultant who recommended ways to inform, respond and engage with the public in a more informative and transparent manner. At the same time the City launched a re-design of their website. Staff is currently working on Push Notifications and hope to be ready to launch in early 2018.

**THE CITY CURRENTLY UTILIZES** Facebook (City of Des Moines, Washington), the City's web-site ([www.desmoineswa.gov](http://www.desmoineswa.gov)), Twitter ([twitter.com/DesMoinesWA](https://twitter.com/DesMoinesWA)), the Citizens Advisory Committee, the Aviation Advisory Committee, the Waterland Blog, Channel 21 and our Des Moines City Currents to get information out to the public. We understand that might not be enough! How do you want to receive vital information that is of importance to you?

**FOR POSITIVE, CONSTRUCTIVE INPUT** please contact our City Clerk/ Communications Director Bonnie Wilkins, at [bwilkins@desmoineswa.gov](mailto:bwilkins@desmoineswa.gov) or 206-870-6519.

**THANK YOU** for your help in staying connected with your community!

## Take Winter by Storm Program

Contact information for the King County Emergency Management's Take Winter by Storm program manager.

**Karen Rich, Program Manager**  
[KarenRich@richmarketing.us](mailto:KarenRich@richmarketing.us)  
 Take Winter By Storm  
 206-409-0131



## SILVER AND FIT Comes to Des Moines Parks, Recreation and Senior Services

**BEGINNING JANUARY 1, 2018** adults 65+ on Medicare with certain supplemental insurances associated with the American Specialty Health will receive free fitness class enrollment for Des Moines Recreation and Senior Services classes! Your benefit could include free enrollment

in EnhanceFitness, Zumba Gold, Tai Chi and Strength and Balance. Please check with our Activity Center or Field House office on your eligibility and let's get you enrolled!

For more information please contact Des Moines Activity Center, 206-878-1642.



PHOTO BY FRED ANDREWS

The 5th Annual Squid-A-Rama presented by the Des Moines Arts Commission was held on November 11th at MaST, the Highline College Marine Science and Technology Center. Over 100 entries were submitted and 45 artworks were selected for the student art exhibition titled "Squid and Friends" and can be viewed at MaST on Saturdays through December 9th. Pacific Middle School 7th grader Jennifer Nilo, this year's winner of the exhibition, received the Golden Squid Award. Jennifer's colored pencil on paper artwork is in the photo to her left.

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# GRAFFITI

## IT'S EVERYWHERE

By Tom Rack,  
Graffiti Abatement Volunteer,  
Des Moines Police Department

GRAFFITI IS DEFINITELY A PROBLEM HERE IN DES MOINES AND IT'S EVERYWHERE from North Hill down to Redondo. But, graffiti is not new. Graffiti existed in Ancient Egypt, Ancient Greece, and the Roman Empire. Graffiti taggers (the person(s) who write the graffiti) back then did not have magic markers and cans of spray paint, but found other ways to disfigure property.

### What is Graffiti?

The Des Moines Municipal Code (DMMC) Section 7.40.010 defines "Graffiti" as "... **unauthorized** markings, inscriptions, words, figures, designs, or other inscribed material visible from premises open to the public, that have been placed upon any property through the use of paint, ink, chalk, dye, or other substance capable of marking property." Typical tools the trade include spray paint, paint sticks, magic markers, etching equipment, or other objects capable of defacing property. Besides damaging property; graffiti also reduces property values.

### Who is doing it and why?

Street gangs use words, insignias, and symbols to mark their territories, send messages, and intimidate rival gangs and community residents. Graffiti is often referred to as "Tagging". But, gangs are not the only "Taggers". Others create graffiti because they and their friends think it's cool and it gets recognition from their peers. Anyone who has some type of message they want to put on public display will use "Tagging" to get their message out.

### Report It

If you see "Tagging" in progress, call 911. Give the dispatcher the location, description of the "Tagger," the vehicle, bike or means of transportation, and if the "Tagger" is leaving—their direction. **DO NOT try and intervene.** If reporting while in your vehicle, pull off the road to a safe area and then call 911. **DO NOT** call while you are operating your vehicle.

If you see graffiti on any property, take a picture, if possible, of the vandalism and report it by sending the picture and location by e-mail to [graffiti@desmoineswa.gov](mailto:graffiti@desmoineswa.gov). The graffiti will be checked out and action will eventually be taken. If the graffiti is on your private property, please take a picture of it and file an on-line vandalism crime report at [desmoineswa.gov/363/Online-Crime-Reporting](http://desmoineswa.gov/363/Online-Crime-Reporting) as the "Tagging" is considered a crime. Then, remove the graffiti as quickly as possible.



### Removing Graffiti

If the graffiti is on your property, report it and then remove it as soon as possible. Research shows that prompt removal results in lower rates of recurrence.

How to clean up the graffiti? It all depends on the surface type (concrete/brick, wood, metal, glass, etc.) and the mechanism of the graffiti (paint, marker, ink, etching, etc.). Pressure washing, sandblasting, painting over, wire brush, paint remover/thinner, alcohol wipes, and commercial graffiti removal products can be used. Be careful and heed the warnings on the cleaning products. Some products can be hazardous to your health if used improperly.

Failing to remove graffiti within 7 days of being notified, or after actual knowledge of the graffiti, or if you reasonably should have known of the graffiti on your property; can result in **monetary penalties**.

### Preventing Graffiti

One tool in the prevention of further graffiti is the prompt removal of any graffiti. Good lighting can make it easier to catch "Taggers" in the act and also scare away potential burglars. Rough surfaces rather than smooth surfaces deter graffiti. Landscaping can also restrict access to walls and fences, which are prime targets for graffiti.

#### Want to do more? Partner With Us.

Graffiti clean-up on public property and notification for graffiti on private property is done primarily by volunteers. We have a graffiti patrol staffed entirely by volunteers who use a police volunteer vehicle to search out graffiti, photograph the same, and inform property owners/tenants on graffiti issues and removal. Volunteer applications can be picked up at the Des Moines Police Department (21900 11<sup>th</sup> Avenue South) or on-line at [www.desmoineswa.gov/DocumentCenter/View/77](http://www.desmoineswa.gov/DocumentCenter/View/77). Citizens can also report graffiti on-line by email at [graffiti@desmoineswa.gov](mailto:graffiti@desmoineswa.gov). Provide a picture of the graffiti, the address/location, description of the graffiti, and other details to help the police or graffiti patrol identify the graffiti.



## Disco Fever Rocked Des Moines!

THE DES MOINES LEGACY FOUNDATION'S 18<sup>th</sup> annual Bayside Brunch was a rockin' good time on Sunday, November 5 at Anthony's Homeport in Des Moines. Revenue from tickets, raffles, auctions and buttons raised more than \$15,000 for Des Moines/Normandy Park senior programs and services and \$12,190 for recreation scholarships for low income youth. We could not be "Stayin' Alive" without our generous sponsors!



### Please support these local sponsors with your thanks and your business:

Snure Law Firm, Brian Snure

**\$1,750**

Marks and Marks CPA's

**\$1,000**

Wesley Homes, Des Moines

**\$1,000**

Edward Jones, Doug Myers

**\$500**

Judson Park Retirement Community

**\$500**

Stafford Healthcare

**\$500**

All Seattle Web Design

**\$250**

Comfort Keepers

**\$250**

Gary Ohrt

**\$250**

Shannon & Matt Kirchberg

**\$250**

Sharpline Financial

**\$250**

Sue Padden & Noel Morgan

**\$250**

Vickie Bergquist Insurance

**\$250**



## MEMORIAL BENCH DONATION PROGRAM

The City installs and maintains many park benches throughout the city. The Bench Donation program allows citizens and businesses to dedicate a bench to a family or friend for a ten year time frame. If you are interested in purchasing a bench to honor someone you know, please phone 206-870-6547 for more information or email [jbtest@desmoineswa.gov](mailto:jbtest@desmoineswa.gov)

# Opioid Abuse, Straight to the Point

OPIATE OVERDOSE IS A MAJOR PROBLEM, shattering communities throughout the United States. Accidental death caused by the use of heroin and the misuse of prescription pain medications are taking lives too soon. This presentation is designed as a tool-kit for all communities to appropriately recognize and respond to opiate abuse. Topics covered are recognizing signs, symptoms and indicators of use, route of drug administration, current paraphernalia, evidence of withdrawal and



overdose. Commander Graddon will discuss the often disregarded Good Samaritan 911 Law. Also stressed will be the availability and use of Naloxone (Narcan) as an opiate overdose antidote. Presented by Commander Graddon with the Des Moines Police Department this important, informational program will be held Tuesday, February 20, 2018 at 7 p.m. at the Des Moines Activity Center, located at 2045 South 216<sup>th</sup> Street. For more information please call 206-878-1642.



## Des Moines Legacy Foundation Annual LEGACY Award

**THE DES MOINES LEGACY FOUNDATION BOARD OF DIRECTORS** is now accepting nominations for the 2018 LEGACY Award. The award recognizes a resident sixteen years of age or older who is an outstanding community volunteer and a positive force in changing the needs of our community through selfless leadership through parks, recreation and senior services.

Inaugural award recipient for 2017 was Laura Hartema. Laura has been the volunteer leader of Friends of Des Moines Creek for nearly two decades. Her focus has been on protecting the stream buffer, removing invasive plants and replanting with native plants to reduce erosion, protect trees from English ivy, and improve fish and wildlife habitat.

Nomination forms are available from the Parks Recreation and Senior Services office at the Field House, or online at [www.desmoineslegacy.org](http://www.desmoineslegacy.org). Nominations are due April 1, 2018.

For more information or further details please call Des Moines Legacy Foundation member Sue Padden, 206-878-1642 or [Spadden@desmoineswa.gov](mailto:Spadden@desmoineswa.gov).

### Inspect your Septic System!

**Protect It and Inspect It**  
 Have your system inspected every 3 years by a licensed septic professional. Some local health agencies can train you to do your own inspection.

**Have your septic tanks pumped when necessary - generally every 3 to 5 years.**

**Keep your drinking water safe, protect the environment, and save money by maintaining your septic system.**

Learn more about your septic system:  
[- www.doh.wa.gov/septic](http://www.doh.wa.gov/septic)  
[- www.epa.gov/septicSMART](http://www.epa.gov/septicSMART)

# POLICE COLLECTING TOYS FOR KIDS AT HARBORVIEW CENTER FOR SEXUAL ASSAULT AND TRAUMATIC STRESS (HCSATS)

THE DES MOINES POLICE DEPARTMENT IS COORDINATING THEIR 5<sup>TH</sup> ANNUAL TOY DRIVE to benefit the Harborview Center for Sexual Assault & Traumatic Stress (HCSATS).  
<http://depts.washington.edu/hcsats/index.html>

Among the many other things they do, HCSATS provides examination, interview and therapy services for children who are the victims of sexual assault and other abuse or traumatic incidents.

The gift of a small toy, blanket or stuffed animal during their visits may bring some joy to their otherwise stressful and unpleasant situation.

New, unwrapped toy donations can be brought to the Des Moines Police Department, which is open 24 hours a day,

seven days a week. You can also purchase a toy online and have it shipped directly to us at: **Des Moines Police Department, ATTN: Toy Drive 21900 11th Ave S, Des Moines, WA 98198.**

A cash donation can be made by mailing a check made out to the *Des Moines Police Foundation* with "HCSATS Toy Drive" in the memo line to 21900 11 Ave S, Des Moines, WA 98198.

Given the clinical setting HCSATS operates in, storage is limited. If you consider donating a toy, please be mindful about the size of the item and have it to us by January 2, 2018, when we will be delivering them to HCSATS.

For more information or questions, please contact Officer Batterman at 206-870-7617 or [kbatterman@desmoineswa.gov](mailto:kbatterman@desmoineswa.gov).



**SAVE THE DATE MARCH 23, 2018**

**RAINBOW BINGO**



Featuring  
**Sylvia O'Stayformore**

## NOT Your Grandma's Bingo

Join us for a night of food, fun, booze and prizes

Must be 21 and older

**Friday, MARCH 23, 2018**

6-9pm • Des Moines Activity Center

**TICKETS available starting in January**

\$20 early registration/\$25 at the door

Early Bird Table of 8 reservation: \$150

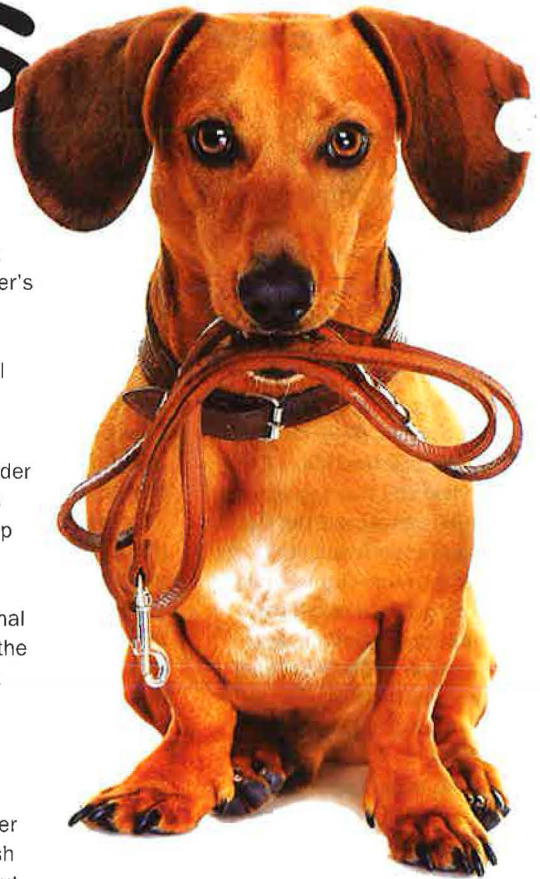
Admission includes 12 bingo cards

**DMLegacy.org for more info**

Proceeds to benefit *Des Moines/Normandy Park Senior Services* and the *Playground Challenge*



# Leash Laws



MANY (IF NOT ALL!) OF US WHO WORK FOR THE CITY OF DES MOINES LOVE ANIMALS! And, as pet owners ourselves, we understand that we want our doggies to get needed exercise and have lots of active playtime...“a tired dog is a good dog!” Taking our canine companions for daily walks, and playing with them in our own yards and homes are great ways to burn off excess energy. Participating in training classes, dog shows and trials, charity walks, and many other dog-friendly activities are also good ways to have our dogs be active. For those who enjoy taking Rover to off-leash dog parks, Grandview Dog Park <http://grandviewoffleash.org/> in nearby SeaTac is a frequent choice.

We have a leash law in Des Moines, so dogs are not allowed to run at large — this includes city parks and the Marina.

## PARKS AND RECREATION 19.08.030 REGULATIONS AND PROHIBITED ACTIVITIES.

(3) No person shall allow or permit an animal under that person’s control to run

at large in parks, or enter a lake, pond, fountain, or stream therein except in designated areas identified with signage or without first obtaining a written permit from the City Manager or the City Manager’s designee. A person whose animal is in a Des Moines park is responsible for removing feces deposited by such animal from the park.

## HARBORS 15.04.440 DOGS.

All dogs on marina property shall be under control by leash. The owners of such dogs shall be responsible for the proper cleanup and disposal of animal wastes. Violation of this section shall subject the animal to impounding by proper authority and criminal prosecution of the owner. Redemption of the animal shall be dependent upon payment of costs and fees and other applicable provisions of Title 8 DMMC.

I get ongoing citizen complaints- many from dog owners who obey the leash law themselves who are concerned about other dog owners who let their dogs run off-leash in those areas. I often get complaints about

when someone is having a pleasant time walking their dog on leash, when suddenly they are startled (and sometimes frightened) by an off-leash dog that comes charging up to them, only to have the offending dog owner say “Oh it’s OK, he’s friendly!” The truth is, most people really do NOT like that. And whether the dog is “friendly” or not, it can still cause a huge problem- we have had cases where a big, friendly dog came running up to someone who then fell and was injured. Or their leashed dog became frightened, and broke away from them and ran off due to fear.

So although I am extremely busy with calls, I do patrol those areas when time allows. Fines for dog violations in city parks are \$291 per count, and fines for dog violations in the Marina are \$513 per count. In addition, the violating dogs may be impounded, although generally we prefer to have the dogs’ owner get their dogs under proper leash control rather than impounding them.

Please be a responsible pet owner and don’t let your dog be an annoyance (or a danger) to other citizens. Not only is it breaking the law, it is impolite and inconsiderate! We all (two-legged and four-legged) want to enjoy our beautiful city of Des Moines in peace. Thanks!

## Be a Good Neighbor and Clean Up After Your Pet

Two or three days worth of droppings from a population of about 100 dogs can contribute enough bacteria to temporarily close a bay and all watershed areas within 20 miles to swimming and shell fishing.

**100**  
dogs



**20**  
miles



Dog feces are common carriers of:

- Heartworms
- Whipworms
- Hookworms
- Roundworms
- Tapeworms
- Parvovirus
- Giardia
- Salmonella
- E. coli

## DOG WASTE CAN HARM YOUR HEALTH

Unlike other sources adding to water pollution, such as lawn fertilizer, rinse water from driveways and motor oil, dog waste carries parasites and bacteria that can be transmitted directly to humans and make them sick.



The longer dog waste stays on the ground, the greater a contamination becomes.



Roundworm is one of the most common parasites found in dog waste. It can remain infectious in contaminated soil and water for years. A recent CDC study found 14 percent of Americans tested positive for roundworms.

# Housing Repair Assistance Program

THE CITY OF DES MOINES IS ONCE AGAIN PROVIDING minor home repair services to City resident homeowners who have "extremely low" to "low" incomes based on U.S. Department of Housing and Urban Development (HUD) income guidelines. This is done by providing free repair services to improve the health and safety of our residents as they live in their homes. Funding for this program is provided by a Community Development Block Grant through King County.

## SERVICES PROVIDED INCLUDE BUT ARE NOT LIMITED TO:

- ELECTRICAL** – faulty lights, switches, plugs, circuits or exhaust fans
- PLUMBING** – faulty toilets, clogged drains, leaking faucets, faulty water heaters
- DISABILITY AIDS** – installation of grab bars, hand rails, hand held showerheads, bath seats, high toilets, access ramps and application of non-skid surfaces
- SAFETY** – installation of smoke alarms, security/safety lights, carbon monoxide alarms and locksets
- OTHER** – faulty furnaces, faulty gutters and roof leaks, broken window glass panes

## HOW DO I QUALIFY FOR THESE FREE SERVICES?

1. Be an owner/occupant within the Des Moines city limits for at least one year with no intention of selling in the next 12 months, have proof of home owner's insurance, and meet the HUD income guidelines for the program.
2. Complete the application process

## HOW DO I APPLY?

To apply for this program please follow these directions:

1. Request an application by calling 206-870-6535
1. Complete the application forms and return them with the supporting documentation to the City of Des Moines/Minor Home Repair at: 21630 11th Ave S Ste. D Des Moines WA 98198
1. Once your application is processed and evaluated you will receive a phone call informing you of your acceptance or non-eligibility for our program. Upon acceptance your job will be referred to one of our contractors who will call you to make an appointment to perform those services. Services that are required for your health and/or safety are the highest priority.

# CELEBRATING THE GATEWAY

The City of Des Moines hosted the GATEWAY Celebration on October 12, 2017 acknowledging the ongoing partnerships that have resulted in significant improvements to S. 216<sup>th</sup> Street and 24<sup>th</sup> Avenue S. The improvements are helping transform the City by stimulating economic development and creating a more vibrant, sustainable economy for our citizens.

Included were Federal, state, regional and local and private funding partners. Washington State and federal granting agencies included the Transportation Improvement Board, the Freight Mobility Strategic Investment Board and the Washington State Department of Transportation/FHWA. They assisted in financing of widening of S. 216<sup>th</sup> Street Segments 1-A, & 2, Segment 3 (2019) as well as the 24<sup>th</sup>/28<sup>th</sup> Avenue connection. By the end of 2019, S. 216<sup>th</sup> Street will be fully improved with continuous sidewalks and bicycle lanes between Marine View Drive and Pacific Highway S. State Representative Mia Gregerson attended and was acknowledged for her support of the improvements within Des Moines and the City of SeaTac. The City provided matching resources for public funds.

Regional funding partners include the Port of Seattle who helped secure significant funding for Des Moines Creek Business Park

frontage improvements Dave McFadden, Port of Seattle Economic Development Director made a presentation on behalf of Commissioner Jim Creighton acknowledging success of the partnership.

Bill Bryant, Metro Service Development Manager, announced launch of a "Community Connections" shuttle that will begin frequent peak period operation by the end of January, 2018 linking the Angle Lake Station, DMCCBP and the downtown Marina District. King County Metro also partnered in funding upgrade of fiber optic/ITS signal systems as well as transit stop and solar shelter improvements.

Panattoni Development Company is the major private investor who anchored the City's Gateway by constructing DMCCBP Phases I, II III (completed) and Phase IV (2018). Donnie Belk made a presentation acknowledging the influence of the public infrastructure investment on decision making. These investments had a significant bearing on the GSA/FAA selection of DMCCBP as their new regional headquarters becoming the largest single employer in the City when they relocate about 1600 employees to the site early in 2018. The DMCCBP is expected to add up to 2,400 new jobs to the City within the next year.

Councilmember Dave Kaplan expressed the City's Council's appreciation and ongoing support for the project experienced over his 20 year tenure. A ribbon cutting was held at the intersection of S. 216<sup>th</sup> Street and 24<sup>th</sup> Avenue S as a tribute to completion of the Gateway's signature transportation segment between Pacific Highway S. and S. 216<sup>th</sup> Street.





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# Marina Development Open House Public Input Summary

THE MARINA DEVELOPMENT OPEN HOUSE was held on October 17, 2017 aboard the donated Argosy boat the *Goodtime II*, moored at the Des Moines Marina. The Des Moines community provided input at this well-attended event related to potential Marina redevelopment, expressing preferences for uses such as restaurants and retail shops, and their potential locations.

The Marina redevelopment project is entering its second phase, with assistance from two Port of Seattle Economic Partnership grants. The first phase of the project examined the feasibility of Marina redevelopment, evaluated parking demand and undertook an economic demand analysis. The consultant's final report for Phase I was presented to the City Council on May 18, 2017. The second phase will build on the previous feasibility work, consider financial and market



factors, utilize the public input from the Community Open House, and result in a financially feasible conceptual plan. Subsequent phases will include City plan/regulation updates and environmental

review with an accompanying public process, and market-driven plan implementation.

Please visit our web-site, [www.desmoineswa.gov](http://www.desmoineswa.gov), to view the full report.

## EVIDENCE-BASED POLICING:

IN EARLY 2017, THE POLICE DEPARTMENT obtained Command Central Analytics which is a "cloud"-based solution to enhance the agency's ability to make better intelligence-led decisions at every level. It unifies all of their available crime and calls for service data into intuitive views to help make more sense of activity. They are able to recognize patterns quickly and drill down into the details of recurring problems.


In addition, the Police Department instituted an Evidence-Based Policing model. Evidence-Based Policing means that research, evaluation, analysis and scientific process are always considered in the department's decision making about tactics, personnel deployment strategies as well as policies. Evidence-Based Policing Model is a proactive approach to policing. It's tailored, focused, and can be placed oriented as opposed to only making reactive arrests. Data collection is essential for the identification of threats, trends or "Hot Spots", as well as the ability to measure success.

With the implementation of Command Central Analytics and instituting the Evidence-Based Policing model our Police Department has been successful in identifying current issues within our community and effectively addressing them. We are excited about the future and with our assistance the police department will continue to lead the way by addressing the quality of life issues and make the city a safer place to live, work and visit.

*5th Annual Des Moines Police Department*


# Toy Drive

*benefiting the Harborview Center for Sexual Assault and Traumatic Stress (HCSATS)*



Among the many other things they do, HCSATS provides examination, interview and therapy services for children who are the victims of sexual assault and other abuse or traumatic incidents.

The gift of a small toy, blanket or stuffed animal during their visits may bring some joy to their otherwise stressful and unpleasant situation.



**THANK YOU FOR YOUR SUPPORT!**

For more information or questions, please contact Detective Fred Gendreau at 206-870-7615 or [fgendreau@desmoineswa.gov](mailto:fgendreau@desmoineswa.gov)



## Art on Poverty Bay – Outdoor Sculpture Gallery Artists Sought

THE DES MOINES ARTS COMMISSION INVITES SCULPTURE ARTISTS to participate in the Outdoor Sculpture Gallery that is exhibited along the Marina District streets and at waterfront locations including the Marina, Beach Park and Redondo. The Arts Commission encourages professional artists to submit an application for their outdoor piece(s) to be displayed in the City from May of 2018 to May of 2020.

Art on Poverty Bay provides additional exposure of the artists' work through printed publications as well as being promoted at special events and advertised within the community. Selected artists receive a stipend each year for their loaned artwork and if the piece is sold, the artist will receive 80% of the sale price with the remainder going to the Arts Commission to fund the acquisition of public art for the City.



Sculptures must be of high quality and structurally sound, safe and stable in an unsupervised outdoor public location. They must reflect the dynamic Pacific Northwest culture. Each piece must be of sufficient size to be easily visible to passersby, on foot or in vehicles.

There is no entry fee. Interested artists may submit their application by January 15, 2018. For additional information including the application, visit [www.desmoineswa.gov/artonpovertybay](http://www.desmoineswa.gov/artonpovertybay)

## Des Moines Arts Commission Position Available

The City of Des Moines Arts Commission (DMAC) has one opening available. Commission members are appointed by the Mayor and serve for a three-year term or an unexpired portion of a three-year term. This position is open until filled.

Arts Commission applications are available online at: [www.desmoineswa.gov](http://www.desmoineswa.gov).

### Applications are submitted to:

City Clerk  
City of Des Moines  
21630 11th Ave. South, Suite A  
Des Moines, WA 98198

If you would like more information about the Des Moines Arts Commission or if you would like to volunteer at Arts Commission events, please contact Patrice Thorell at [pthorell@desmoineswa.gov](mailto:pthorell@desmoineswa.gov) or call 206-870-6527.



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at 206-979-6928 or  
[greg@philipspublishing.com](mailto:greg@philipspublishing.com)

## NORMANDY PARK SENIOR LIVING PRESENTS



SUNDAY  
*Brunch*

\$8 Adults,  
\$4 Children 12 and Under.  
Free with Touring Parties

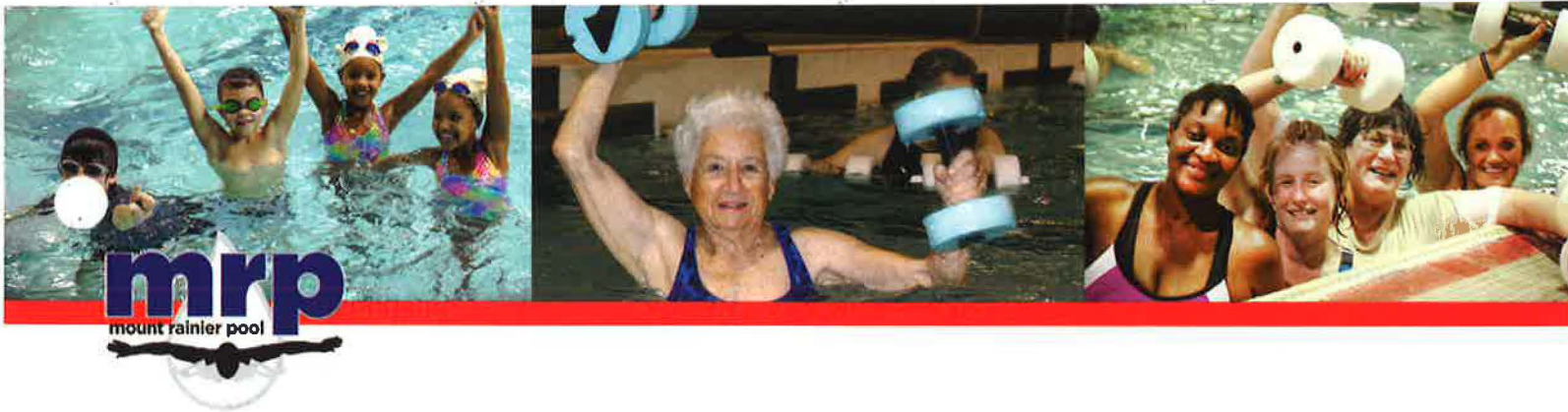


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## POOL CLOSURE UPDATE

The Mount Rainier Pool refurbishment project is underway after encountering some unforeseen issues that required repair before reopening. When replacing the pool liner and tile surfaces this summer, severe corrosion was found in the buried drain lines (see picture) and circulation piping and the mortar bedding was found to be failing. The piping had to be replaced. Despite the challenges that the unknown issues presented, the repairs are moving forward.



The main drain and supply line had to be dug out, requiring the removal of concrete. The corroded iron pipes are being replaced with non-corrosive PVC.



The good news is that all piping has been replaced and concrete poured. The completed project will have new tile and pool shell, and increased water quality to improve user experience. The project is moving forward with an estimated re-opening in early 2018. To follow the project and re-opening check out the news section of our website [www.mtrainierpool.com](http://www.mtrainierpool.com).



## NEW AQUATICS MANAGER

We have recently hired Dominic Finazzo as the new Aquatics Manager for the Mt. Rainier Pool. He has worked in the Aquatics Industry for sixteen years at several different facilities throughout Washington. Most recently, he co-managed day-to-day operations of the Covington Aquatics Center as well as performing the majority of the maintenance on the aging facility and training lifeguards and swim instructors. The Covington Aquatic Center excels in providing swimming lessons, water safety and community events, and programs to enhance well-being of life in their service area. Dominic is looking forward to using his knowledge and experience in re-opening the Mt. Rainier Pool to offer our community quality programming.

## Metro Transit LINK Instruction Program

Are you interested in learning more about riding public transportation in King County but are unfamiliar with or reluctant to use the Link light rail system? Metro Transit Instructional Training Program provides a classroom style orientation on the use of public transportation, as well as offering a guided community instructional outing on King County public transportation system (five or more individuals) and Metro pays the fare. This presentation is a prerequisite to the field trip.

### Part One: In-House Presentation

Time will be focused on how to ride and navigate LINK light rail. Topics covered are boarding, recognizing the information at a bus/LINK stop, transferring from LINK to buses, and problem solving skills while on LINK. The presentation also includes using your ORCA card, paying with cash, and more.

Thu	Feb 22	9:30-11am	Spanish
Thu	Feb 22	1-2:30pm	English

### Part Two: Community Instructional Outing

This is your chance to practice what you learned during the presentation. The escorted trip will help you have the confidence and skills to be successful and independent as you ride the LINK light rail. The destination is from the new Angle Lake LINK Station to the UW/Husky Stadium Station, with a stop at the International District Station for lunch: Uwajimaya, anyone?

Fri	Feb 23	9:30am	Spanish
Wed	Feb 28	9:30am	English

## ORCA Reduced Fare Permit

Get your SENIOR reduced price ORCA card here — not available at the local vendors. Adult, youth, senior and disabled regional reduced fare permits, E-purse value or a monthly pass.

Wed	Feb 21	10am-12noon
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## Medication Management and Safe Disposal

This presentation will first give you an overview of the services of the Washington Poison Center. In addition, strategies will be given to properly manage your medications, keep them safe from theft, and learn how to dispose of your medications properly.

Tue	Mar 13	10:30am
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## Aging Wisdom Series — My Death, My Choices

Our volunteer social worker, Gerry Stone, continues her weekly session on all she knows and has learned in over 30 years helping others age wisely. Her winter topics are:

### Final Arrangements

The sessions below are focused on the basics of funeral planning options, ie; cremation vs burial, their costs, including low cost options. Some guides and forms will be provided to help direct discussion and how to inform family or friends what your final wishes are and how to make these arrangements in advance.

**Step One** This session is a follow up to the end of life workshop help in February, providing further opportunity to discuss how and why to begin first steps and how to discuss this sometimes difficult conversation with friends/family.

Wed	Mar 14	1pm
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**Step Two** is to determine what your final arrangements are by knowing funeral planning options and, costs. Also advance arrangements.

Wed	March 21	1pm
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**Step Three** is to put your wishes in writing. Forms and guidelines will be provided allowing you to clarify your wishes.

Wed	Mar 28	1pm
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## Essentials for Successful Spring Gardening!

Let's get ready for spring with a checklist of tips for starting a successful garden! Join Bridget Kubes with the On-the-Grow Garden Truck and learn about the best seeds to buy, how to prepare rich, nutrient-dense soil, and take home a list of tips to make gardening easy and fun! Whether you grow in patio pots or have a full backyard garden, this class will have tips for everyone. Don't miss visiting the Garden Truck to see what's growing in there too!

Thu	Mar 22	11am
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## BLUE PRINT FOR LIVING

Held at the Des Moines Activity Center, a series of workshops and presentations designed to enhance your independence. Registration is required. To register, phone 206-878-1642.

### **Speaking of Dying: Living Deeply, Dying Well Film & Discussion**

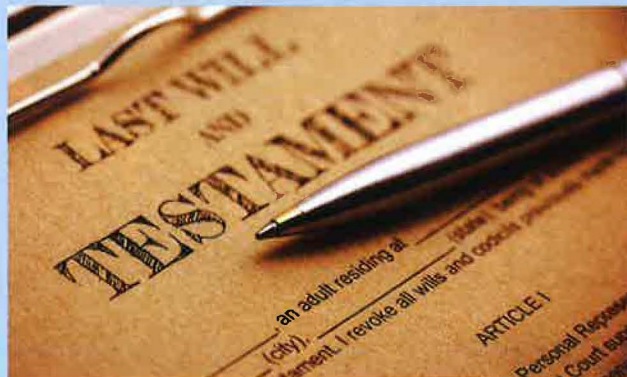
View a short film dedicated to the idea that we can all have a better death and learn what's important about supporting a loved one who is dying. This film inspires and encourages you to talk to your friends and family about your own choices for medical treatment if you can no longer speak for yourself. It helps break the taboo in our culture –of not talking about death, even though none of us get out of life alive. Afterwards there will be time to share your thoughts, and get some of your questions answered. Give a gift to yourself and your loved ones – show up, become empowered instead of immobilized by fear and procrastination. Instructor: Jennifer Kropack, Heartwork Circles, Certified Facilitator Adult 50 and up.

Tue Jan 23 1pm or 7pm  
Sponsored by Des Moines Legacy Foundation

### **How to Leave Your Legacy: Estate Planning Basics and the Joy of Giving**

Enjoy an evening of poetry, laughter and law while learning the nuts and bolts of how to leave your legacy. Local attorney Brian Snure, will guide a one hour discussion about your options for leaving your legacy, establishing your estate plan, supporting your community and having fun while you are doing it. The class will cover wills, trusts, probate, gifting strategies, bad jokes, good poetry and will include a question and answer session for any estate planning topics. Brian Snure has been practicing law for 24 years and is the owner of Snure Law Office, which has been serving the citizens of Des Moines since 1964, and a director on the Des Moines Legacy Foundation.

Wed Jan 24 7pm



## Make an Emergency Grab and Go! Notebook

Create your own "in case of emergency" notebook with all your important documents to keep you and your loved ones informed. Have peace of mind knowing that your important information is collected and organized in one place that can be easily accessed in case of an emergency. You must register for this class in advance. Presented by Sheila Goodfellow with Comfort Keepers.

\$2 donation for forms, binder and materials

Tue Feb 6 10am

## Speaking of Dying Workshop

Following the introductory film *Speaking of Dying: Living Deeply, Dying Well*, Des Moines Legacy Foundation is hosting a four week facilitated workshop about end of life planning. The workshop is limited to 12 adults 50 years and older. In this workshop you will create a resource binder with articles, prepare meaningful legacies and a legal advanced directive with safeguards, help your loved ones by speaking more comfortably about death and contemplate your own mortality, reflecting on your values. Do your loved ones a huge favor by speaking openly about your wants before there is a health crisis. Instructor: Jennifer Kropack, Heartwork Circles, Certified Facilitator.

Wed Feb 7- Mar 7 6-7:30 pm \$15

## Sight Connections

This nonprofit agency provides a wide variety of products for those living with vision loss. Besides helpful site products at their low vision store, Sight Connections provides home visits, vision clinic visits and more. Learn about how they can help you. Presenter is Jeffrey Gerhardstein.

Tue Feb 13 10:30am

## Opioid Abuse, Straight to the Point

Opiate overdose is a major problem, shattering communities throughout the United States. Accidental death caused by the use of heroin and the misuse of prescription pain medications are taking lives too soon. This presentation is designed as a tool-kit for all communities to appropriately recognize and respond to opiate abuse. Topics covered are recognizing signs, symptoms and indicators of use, route of drug administration, current paraphernalia, evidence of withdrawal and overdose. Also stressed will be the availability and use of Naloxone (Narcan) as an opiate overdose antidote. Presented by Commander Graddon with the Des Moines Police Department who will also discuss the often disregarded Good Samaritan 911 Law.

Tue Feb 20 7pm

### REGISTRATION INFORMATION

#### PARKS AND RECREATION ADMINISTRATIVE OFFICE

1000 South 220<sup>th</sup> Street  
Des Moines WA 98198  
206-870-6527  
TDD Line: 206-824-6024  
Fax: 206-870-6587  
recreation@desmoineswa.gov

<http://www.desmoineswa.gov/155/Parks-Recreation-Senior-Services>

Hours: Monday – Friday, 8am-6pm

Program registration: <https://apps.dashplatform.com/dash/index.php?Action=Auth/login&company=desmoines>

#### DES MOINES ACTIVITY CENTER OFFICE SENIOR SERVICES

2045 S 216<sup>th</sup> Street  
Des Moines WA 98198  
PO Box 98576

206-878-1642

Fax 206-878-2260

seniors@desmoineswa.gov

<http://www.desmoineswa.gov/217/Senior-Services>

Hours: Monday–Friday, 9am–4pm

Program registration: <https://apps.dashplatform.com/dash/index.php?Action=Auth/login&company=desmoines>

<https://apps.dashplatform.com/dash/index.php?Action=Auth/login&company=desmoines>

#### Resident Priority:

Effective January 1, 2010, the City of Des Moines implemented a Resident Discount Policy offering residents discounted fees for recreation programs. Non-residents and city residents who choose not to provide proof of residency will be assessed the full fee for programs.

The Resident Discount ("RD") Fee is available to residents living within the City of Des Moines' jurisdictional boundaries and Senior Adults. To qualify for the "RD" Fee participants must provide proof of residency such as:  
Valid picture ID with a Des Moines address,  
Valid picture ID accompanied by a utility bill with their Des Moines Address. Sports Teams qualify for the "RD" Fee when 51% of their players are Des Moines residents (proof of residency will be requested.)

The full program fee will be charged to participants who are not Des Moines residents or choose not to provide proof of residency. Questions related to residency should be directed to 206-870-6527.

#### HOW TO REGISTER:

Program registration: <https://apps.dashplatform.com/dash/index.php?Action=Auth/login&company=desmoines>

Walk-in: Check, Cash, Visa/MasterCard.

Phone: Visa/Mastercard.

Mail-in: Registration Form with payment by check or Visa/MasterCard information.

Registration forms are available in the offices or online at <http://www.desmoineswa.gov/158/Forms-Documents>

#### Registration Policies:

Pre-registration is required for all programs unless otherwise stated.

Registration is taken on a first paid basis. Returned check Fee: \$40 (plus 50% surcharge if collection action needed).

#### Refund Policy/Cancellations:

When DMPR/SS cancels a program, a full refund or credit will be issued.

Refunds, less a \$20 administrative fee, will be granted when requested a minimum of 5-business days prior to the program/course start date.

No refund will be issued for:

- Programs costing \$10 or less.
- Programs where admission fee was purchased in advance.
- Special Events.

Medical illness or other extenuating circumstances will be handled on a case-by-case basis. Documentation of circumstance may be requested.

#### Disclaimer:

Every effort is made to ensure that the information in this Recreation Guide is accurate. Because policies, personnel and funding can change, DMPR&SS reserves the right to amend or modify programs.

#### Accommodation of Disabilities:

The City of Des Moines is committed to accommodating citizens with disabilities and special needs. Des Moines Parks, Recreation and Senior Services will make every reasonable effort to ensure that programs are accessible. If you need assistance participating in our programs, please call us at 206-870-6527. TTY/TTD 206-824-6024.

#### Gender Equity Statement:

The City of Des Moines complies with the State of Washington's "Fair Play in Community Sports Act" (Chapter 467, 2009 Laws, effective July 26, 2009) that prohibits discrimination against any person on the basis of sex in the operation, conduct or administration of community athletics programs. Third parties, who contract with or receive leases or permits from the City of Des Moines for a community

### HOLIDAY CLOSURES

Monday, Dec 25 • Monday, Jan 1  
Monday, Jan 15 • Monday, Feb 15

athletic program, are also prohibited from discriminating on the basis of sex.

If you have questions or comments contact Patrice Thorell, Parks, Recreation and Senior Services Director.

#### Inclement Weather:

During periods of inclement weather radio stations will report school closures and changes. Please listen for the Highline School District report. For programs held in Federal Way schools, listen for the Federal Way School District report.

**School Closed:** All Des Moines Recreation & Senior Services Department programs are cancelled.

#### School Open/1-hour Late Arrival:

All non-Club KHAOS (check parent packet for details) recreation programs will operate as scheduled. Senior programs prior to 10am are cancelled. Senior programs held after 10am—call 206-878-1642 for updated information.

#### School Open/2-hour Late Arrival:

All recreation and senior programs held prior to 11am are cancelled. Recreation programs held after 11am will be scheduled as usual. Senior programs held after 11am—call 206-870-6527 for updated information.

When inclement weather occurs during school holidays, evenings or weekends, call 206-870-6527 or 206-878-1642 (Senior Programs) for updated information.

Are you ready  
to say 'I do?'



**BEACH  
PARK  
EVENT CENTER**  
DES MOINES • WASHINGTON

NOW ACCEPTING BOOKINGS FOR 2017 & BEYOND, CALL TODAY!  
206-870-9370 - [WWW.BEACHPARKEVENTCENTER.COM](http://WWW.BEACHPARKEVENTCENTER.COM)

**Dance for Parkinson's**  
(For adults with movement issues)

Dance for Parkinson's is designed for you! Stretch and strengthen your muscles, focus on balance and rhythm through many styles of dance and discover how to use your thought, imagination, eyes, ears and touch to control movement in a welcoming environment accompanied by live music. Caregivers and friends are invited to join in! No dance experience necessary. Classes are based on the Dance for PD® method, a program developed by Mark Morris Dance Group and the Brooklyn Parkinson Group. Presented by Seattle Theatre Group (STG) and Spectrum Dance Company. Funding support from Des Moines Legacy Foundation. Register at [www.nwpf.org](http://www.nwpf.org)/participate or call 877-980-7500.



Jan 8–Mar 12\* Mon 2–3:30pm \$5\*\* Activity Center  
\*No class Jan 15 and Feb 19  
\*\*Suggested donation



**SENIOR OUTINGS**

**Out to Lunch**

Enjoy a no-host lunch at new and old favorite eateries around the Sound. All trips depart 10–10:45am and return about 2pm.



**Fri Age 50+ \$10 Transportation Fee**  
Jan 12 Peaks & Pints, Tacoma  
Feb 9 Arnie's Restaurant, Edmonds  
Mar 9 Mediterranean Gyro Grill, Federal Way



**DAY TRIPS**

Explore the Northwest and leave the driving to us!

**Age 50+ and travel days vary.**

**The Karpeles Manuscript Library Museum, Tacoma**  
Wed Jan 10 9:45am–2:30pm \$15

**American Car Museum, Tacoma**  
Wed Jan 17 9:15am–3:30pm \$25

**Great Train Show, Puyallup**  
Sat Jan 20 9:30am–3pm \$20

**White River Valley Museum, Auburn**  
Wed Jan 31 9:45am–2pm \$15

**NW Flower & Garden Show, Seattle**  
Wed Feb 7 8am–4pm \$30

**Hamilton the Musical at the Paramount, Seattle**  
Sun Feb 11 5–10:30pm \$170

**Museum of Flight, Renton**  
Wed Feb 21 9:30am–2:30pm \$28

**Sewing & Stitchery Expo, Puyallup**  
Thu Mar 1 8:30am–2:30pm \$24

**Frye Art Museum, Seattle**  
Wed Mar 7 10am–4pm \$15

**Bellevue Planetarium, Bellevue College**  
Wed Mar 14 9:30am–4pm \$25

**Chateau Ste. Michelle, Woodinville**  
Wed Mar 21 8:45am–5pm \$30

**Point Defiance Zoo, Tacoma**  
Wed Mar 28 8:45am–3pm \$25

## ADULT FITNESS



### Self-Defense Workshop

Would you be able to defend yourself and your loved ones if someone were to physically attack you?

Anyone can learn effective self-defense techniques that make the difference between being a victim and escaping a violent situation safely. This one hour seminar is about empowering the individual to understand the dynamics of violence so you can identify, prevent and escape violent situations. Topics include: Prevention is the Best Self-Defense, Get Loud and Push Back, The Most Effective Body Parts to Hit, Moves for Getting Out of or Defending Against Common Holds or Attacks. This class will allow participants to perform basic self-defense maneuvers such as simulated punches, kicks and other physical activities. Loose-fitting workout clothing is suggested. Instructor: Clay Fife

Fri Jan 26 5:30-7pm \$5 Activity Center

### Chair Yoga (Movement Class)

Experience relaxation, improve flexibility, and reduce health concerns. Gentle stretching takes place in a chair to give you the support you need while going through the movements. Start your day off right by participating in a full body stretch with Carolyn Rosenfield.

<b>Thu</b>		<b>Activity Center</b>
Jan 4-Feb 8	9-10am	\$40
Feb 22-Mar 22	9-10am	\$40

### Tai Chi

This class is broken down into Introductory and Continuation levels. The Introductory level will familiarize students the basic movements of Tai Chi. The Continuation level gives students with previous Tai Chi experience, greater opportunity to explore and practice movements of the 24 pattern sequence. The emphasis for both levels is on the no-impact, relaxed flowing movements which aid in balance, increased strength and vitality. Wear comfortable, loose clothing. Instructor: John Lindsay.



<b>Mon/Wed Introductory Level</b>	<b>NP City Hall Rec Cntr</b>	<b>R/NR</b>
Jan 17-Feb 21*	11am-12pm	\$60
Mar 5-Apr 4	11am-12pm	\$60
<b>Mon/Wed Continuation Level</b>	<b>Activity Center</b>	<b>R/NR</b>
Jan 17-Feb 21*	5:30-6:30pm	\$60
Mar 5-Apr 4	5:30-6:30pm	\$60

\*No Class Feb 19

### Enhance Fitness

Improve physical conditioning levels and decrease the risk of falling with stretching, low-impact aerobics, strength training and balance exercises. Gym-type shoes are required and a water bottle always recommended. Cosponsors: Kaiser Permanente and Sound Generations. Instructor: Yu San Gartz

<b>Tue/Thu/Friday</b>	<b>Field House</b>	<b>Drop-in fee: \$5</b>
Jan 2-30	8-9am or 9:20-10:20am	\$52
Feb 1-27	8-9am or 9:20-10:20am	\$48
Mar 1-30	8-9am or 9:20-10:20am	\$56



### Sunday Dances

Dancing stimulates your mind, body and soul! Waltz, Jitterbug, Swing...move to the live music of Randy Litch on our beautiful hard wood floor. Stafford Healthcare provides hot beverages. Adults of all ages welcome!

Feb 25	1-3pm	\$5	Activity Center
Mar 25	1-3pm	\$5	

### Sunday Walks!

Gary McNeil with Des Moines Legacy Foundation is hosting local walks on a Sunday each month. The location and routes of the walks are subject to change. Updated information can be obtained from the Des Moines Legacy Foundation web page ([desmoineslegacy.org](http://desmoineslegacy.org)) or on Meetup.com by searching for Des Moines Waterland Walking Group.

<b>Sun</b>	<b>11:00am</b>
Dec 17	Meet at Des Moines Marina Fishing Pier
Jan 21	Meet at Des Moines Marina Fishing Pier
Feb 25	Meet on South 216 <sup>th</sup> and 16 <sup>th</sup> Avenue South
Mar 18	Meet near bathrooms at Saltwater State Park



### AARP Smart Drivers Course

Discover how to be more aware in today's traffic. Reinforce your good habits and iron out the bad habits that have crept into your driving pattern. Upon completion of the course your certificate will get you a discount on your auto insurance as required by state law. Lunch break provides an opportunity to take advantage of the Nutrition Lunch Program. Payment collected on first day of class in either check or money order form. Adults Age 50+



Tue/Wed Feb 20 & 21 10am– 2:30pm Activity Center  
 \$15 AARP Member/\$20 AARP Non-member

### Beginners Mah Jongg

Have you always wanted to learn American Mah Jongg but are nervous to join a group? Now you can learn the rules without feeling like you are holding up the game. In no time you will be "Going Mah Jongg" with confidence.

Mon Jan 8–Feb 26 11am–12pm \$5 Activity Center  
 \*No class Jan 15 & Feb 19

### Watercolor: The Fun and Easy Way

Whether you have never tried watercolors before, or are an experienced watercolorist, this class takes the mystery out of this often elusive medium. Learn to get the colors and values you desire by choosing the correct pigments, and the right ratio of water to paint. We will paint live seasonal subjects and landscapes from photos. Experienced painters can confidently branch off from this and add their own creative flourishes. Beginners and advanced painters will create their own unique watercolors - with no mud!

Mon Jan 22– Mar 19\* 1–3:30pm \$65 Activity Center  
 \*No class Feb 19



Hosting a lifetime of

## EVENTS & CELEBRATIONS



BOOK YOUR EVENT TODAY

Call 206.870.9370 or Visit [www.beachparkeventcenter.com](http://www.beachparkeventcenter.com)

## CHANGE YOUR LIFE AND YOUR COMMUNITY

Give back to your community! Volunteers have a positive impact on our community through amazing service projects. We welcome volunteers from all walks of life— individuals or groups. Check out the unique ways you can contribute your time, energy and skills to strengthen this community!

**ADOPT A SPOT PROGRAM** Enhance the beauty of our community. Help us tackle park clean-up, landscaping, tree planting and general sprucing-up. Des Moines Spots available for adoption include Big Catch Plaza, Overlook I and II and South Marina Parks. Contact: Janet Best: 206-870-6547 or [jbest@desmoineswa.gov](mailto:jbest@desmoineswa.gov)

**KING COUNTY BEACH NATURALIST PROGRAM** Volunteers help protect our beaches by enlightening users on ways to enjoy the beach without harming it. Contact: [beachnaturalist@seattleaquarium.org](mailto:beachnaturalist@seattleaquarium.org).

**FRIENDS OF DES MOINES CREEK** partners with community volunteers to remove invasive weeds, replant natives, and maintain and protect the Des Moines Creek buffer. Contact: Laura Hartema-FriendsOfDesMoinesCreek@yahoo.com

**SONJU COMMUNITY ORCHARD & GARDEN** Harvest fruit & vegetables for the food bank or participate in the community garden/pea patch work parties. Contact: Kim Richmond at [friendsofsonjupark@hotmail.com](mailto:friendsofsonjupark@hotmail.com)

**DES MOINES ACTIVITY CENTER** Give back to our community's older adults by lending a hand and you'll feel good too! Seeking: IT Instructor, Hiking Leader and laptop/cellphone one on one help, Trip Drivers and Instructors. Contact: 206-878-1642 or [seniors@desmoineswa.gov](mailto:seniors@desmoineswa.gov).

**DES MOINES PARKS & RECREATION** Inspire our youth! Seeking volunteers to coach or assist with special events. Seeking teens for the youth council program. Contact: 206-870-6586 or [recreation@desmoineswa.gov](mailto:recreation@desmoineswa.gov)

**THE HYDE SHUTTLE** Volunteers urgently needed to drive Sound Generations shuttles in Normandy Park and Des Moines assisting seniors and residents with disabilities. Safe and reliable transportation is needed for socialization, errands, appointments and recreational activities. Learn more by visiting [www.soundgenerations.org/transportation/](http://www.soundgenerations.org/transportation/)



## ADULT ENRICHMENT

### Classes



#### American Boating Course

Learn the essential information to operate a boat including, boat handling, seamanship, necessary equipment, boat trailering, and much more. This course exceeds educational requirements in all states and a test is given at the conclusion of the course to qualify you for a boating education certificate. Bring a sack lunch. Fee includes textbook and all materials. Students are responsible for picking up supplies Instructor: Poverty Bay Power Squadron.

Sat	Ages 12+	Public Works/Parks Service Ctr	
Feb 10		8am-4pm	\$40
Mar 10		8am-4pm	\$40
Apr 21		8am-4pm	\$40
Jun 16		8am-4pm	\$40

### Advanced Grades

#### Piloting

Piloting is the first of the advanced navigational classes focusing on techniques for piloting a boat in coastal and inland conditions. The course emphasizes planning and checking along with the use of GPS for determining position, and introduces digital charting along with traditional charting, compass and dead reckoning skills. Instructor: Poverty Bay Power Squadron.

Wed	Public Works/Parks Service Ctr	
Jan 3-Mar 14	7-9pm	\$45 USPS Members

#### Advanced Piloting

Advanced Piloting is the final part of the inland and coastal navigation series. This material continues to build on the base developed in Piloting, and includes practical use of additional electronic navigation systems and other advanced techniques for finding position. Instructor: Poverty Bay Power Squadron.

Wed	Public Works/Parks Service Ctr	
Mar 21-May 30	7-9pm	\$45 USPS Members

#### Dog Obedience

Love your dog but all the chewing, jumping, barking and little "accidents" testing you? Dog Obedience should turn your little "terror" into a well-behaved pet. Proof of vaccination is required at first class. Instructor: Jan Magnuson, Animal Control Office, Champion Trainer.



Thu	Dogs 4+ months	Field House	R/NR
Jan 3-Feb 7		7:15-8:15pm	\$95/\$105
Feb 21-Mar 28		7:15-8:15pm	\$95/\$105

#### Midday Hurray!—New Year's Eve Party

You don't have to wait until midnight to celebrate the New Year at this party! Celebrate with friends old and new at Des Moines/Normandy Park Senior Activity Center on Friday, December 29th. Sponsored by Village Concepts, enjoy music and dancing with Randy Litch, our game room for drop in Mexican Train, Hand and Foot, Pinochle, and Poker and tasty appetizers with sparkling punch to toast in the New Year. \$5 per person for food, fun and friendship to end 2017 and ring in the New Year with laughter and good fun.



Fri	Dec 29	1-3pm	\$5	Activity Center
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#### Red Cross CPR/ First Aid Class

Are you prepared to babysit your grandchildren? Let's make sure you are ready to take on any emergency situation that might arise while watching your little bundles of joy. Join Red Cross instructor, Glen Hance, as he walks you through basic first aid skills and the newest version of CPR.

Thu	Feb 8	5:30-8:30pm	\$30	Activity Center
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SAVE THE DATE MARCH 23, 2018

**RAINBOW BINGO**

Featuring  
Sylvia O'Stayformore

**NOT Your Grandma's Bingo**

Join us for a night of food, fun, booze and prizes

Must be 21 and older

**FRIDAY, MARCH 23, 2018**

6-9pm • Des Moines Activity Center

TICKETS available starting in January

\$20 early registration/\$25 at the door

Early Bird Table of 8 reservation: \$150

Admission includes 12 bingo cards

Proceeds to benefit Des Moines/Normandy Park Senior Services and the No Child Left Inside playground challenge

[DMLegacy.org](http://DMLegacy.org) for more info

## TWO STEPS TO SAVE A LIFE

1

Call 911

2

Push hard & fast in the center of the chest



## CITY RECREATIONAL FACILITIES/PROGRAM SITES

Parks & Recreation Offices		Acreage	Facilities / Program Sites																			
Facility / Address			PLAY AREA	BALLFIELDS	RESTROOMS	PICNIC/CKING	BASKETBALL HOOPS	FISHING PIER/BOARDWALK	TENNIS COURTS	NATURAL AREA/TRAILS	RECREATION CENTER	WALKING PATH	CREEK	SCENIC VIEW	BOAT MOORAGE/LAUNCH	PARKING	BICYCLING	FACILITY RENTAL	BEACH	SKATEBOARDING	ART / HISTORICAL SITE	SEATING
1	<b>Barnes Creek Trail</b> Kent-Des Moines Road to 15th Ave. S.	1.2																				
2	<b>Big Catch Plaza</b> SW corner of S. 216th & Marine View Dr. S.	0.2																				
3	<b>Cecil Powell Park</b> 250th & 13th Pl. S.	0.2																				
4	<b>Des Moines Activity Center</b> 2045 S. 216th Street																					
	<b>Des Moines Beach Park-Historic District</b> 22030 Cliff Ave. S.	19.6																				
6	<b>Des Moines Creek Trail</b> Access at S. 200th St. (SeaTac), 18th Ave. S. & 216th St. and 13th Ave. S. & S. 211th St.	9.58																				
7	<b>Des Moines Marina</b> 22307 Dock Ave. S.	45																				
8	<b>Des Moines Memorial Park</b> Marine View Dr. S. & Des Moines Memorial Dr.	0.1																				
9	<b>Dr. Shirley B Gordon Park</b> 2194 S 262nd Ct.	0.86																				
10	<b>Field House Park/Community Center</b> 1000 S. 220th St.	5.2																				
11	<b>Kiddle / City Park</b> S. 230th St. & 21st Ave. S.	3.2																				
12	<b>Midway Park</b> S. 221st & 29th Ave. S.	1.6																				
13	<b>Overlook I Park</b> Corner of S. 223rd & Cliff Ave. S.	0.1																				
14	<b>Overlook II Park</b> S. 222nd & 5th Ave. S.	0.5																				
15	<b>Parkside Park</b> S. 244th St. & 25th Ave. S.	4.4																				
16	<b>Parkside Wetlands</b> 248th St. & 26th Ave.	14																				
17	<b>Redondo Pier, Boat Launch &amp; Boardwalk</b> Redondo Beach Dr. & Redondo Way	2.79																				
18	<b>Sonju Park</b> 24728 16th Ave. S.	9.3																				
19	<b>South Marina Park</b> NE corner of S. 227th & Dock Ave. S.	0.8																				
20	<b>Steven J. Underwood Memorial Park</b> 21800 20th Avenue South	20.5																				
21	<b>Van Gasken House</b> 40 5th Ave. S.	0.5																				
22	<b>Water Tower Park</b> 208th between 5th & 6th	1.34																				
	<b>Westwood Park</b> th Ave. S. & S. 192nd St.	1.34																				
24	<b>Woodmont Park</b> Woodmont Dr. S. & 12th Ave. S.	8.7																				
25	<b>Wooton Park</b> 28202 S. 9th Ave.	2.3																				
26	<b>Zenith Park</b> NW corner of S. 240th & 16th Ave. S.	5.5																				



## Better Babysitter Class

Participants receive the knowledge and confidence to care for infants to school-age children through videos, activities, hands-on training and discussion for a complete learning experience. Babysitter training teaches how to: respond to emergencies, make decisions, communicate with parents, manage children, feed, diaper, care for infants and start a babysitting business. Bring a sack lunch, and a snack, \$16.50 for materials fee to the instructor. Instructor: Gaylynn Smith, Pro Cert.

<b>Sat</b>	<b>Ages 11-15</b>	<b>Police Station</b>	<b>R/NR</b>
Jan 13		8:30-2:30pm	\$56/\$68
Mar 10		8:30-2:30pm	\$56/\$68

## Open Gym Basketball

Every early release Friday open gym available for all Des Moines middle/high school students. This will include full or half court pick-up games pending the amount of participants. No school = No open gym. Must have student ID.

<b>Fri</b>	<b>Field House</b>	<b>R/NR</b>
Jan 5-Jun 15	1-4pm	\$3

## Holiday Drop & Shop

Parents — Looking for some time to shop with friends, family or wrap some gifts? Drop your kids off with us and under our watchful eye, they'll have a ball and you get time to get those holiday chores checked off!

<b>Fri</b>	<b>Ages 4-12</b>	<b>Field House</b>	<b>R/NR</b>
Dec 8		6-10pm	\$20/\$24
<b>Sat</b>	<b>Ages 4-12</b>	<b>Field House</b>	<b>R/NR</b>
Dec 23		12-4pm	\$20/\$24





**Saturday, Dec 9**  
Des Moines Activity Center

Seating-1  
9-10:15am

Seating-2  
10:45am-12pm

Children: \$8; Adult: \$4  
Age 2 & under: Free

Join us for a delicious pancake breakfast with Santa! Enjoy holiday activities and visit with Santa about holiday wish-lists. A parent or responsible adult must accompany children. Pre-registration required.

## ADULT LEAGUES

### Softball Leagues

#### Adult Men & Co-ed

Spring ball is approaching soon! Get to first base with your team and sign up for a 14-game season topped off with a single elimination post season tournament.

<b>Registration Deadline:</b>	<b>Apr 10</b>	<b>R/NR</b>
<b>Coaches Meeting:</b>	<b>Apr 10</b>	<b>\$960/\$1,045</b>

*Coed Recreation Division Mon evenings Starts Apr 23*  
*Men's Recreation Division Tue evenings Starts Apr 24*

#### Senior Adult Coed Softball

Now recruiting avid softball players for Des Moines recreational senior coed softball teams! Call 206-870-6527 for details.

#### Age 50+

*Player fees range between \$20-\$40*  
*(determined after the sign-up and sponsor deadline)*

<b>Practices:</b>	<b>Tue/Thu</b>	<b>Apr</b>
<b>Games on:</b>	<b>Tue/Thu</b>	<b>May</b>
<b>Game Times:</b>	<b>10am</b>	

*Practices/Home Games Steven J Underwood Memorial Park*  
*Away League Games Fields throughout King County*

## EGGStravaganza

### Enjoy a leisurely EGG-HUNT!

**Saturday, March 31**  
**9-10am**  
**Meadow in Des Moines**  
**Beach Park, \$5**

Fun Crafts, Activities & Prizes,  
Photo Opportunities with  
the Easter Bunny

Children Grade-6 & under  
Children under age 5 must  
be accompanied by an adult

## Kokondo Martial Arts

Learn basic karate including blocks, kicks, and strikes. Emphasis placed on effective street self-defense; students learn to defend themselves against punches, grabs, chokes, bear hugs and more. Instructor: Dave Thompson

Wed/Fri	Age 12+	Field House	R/NR
Jan 3-31		5-6:30pm	\$34/\$39
Feb 2-28		5-6:30pm	\$30/\$34
Mar 2-30		5-6:30pm	\$34/\$39
Apr 4-27		5-6:30pm	\$30/\$34

## Tiger Kids Martial Arts Course Overview

Fee: All participants must pay the \$14 AAU Membership in addition to the individual course fees. Uniforms optional and available from the instructor. Instructor: Mitch Mayberry, International Champion, 9<sup>th</sup> Degree Master.

## Tiny Tigers Kung Fu & Taekwondo

A fun and less intense Martial Arts program focusing on fun and fitness while developing motor skills, coordination, and improved listening skills through the use of games and training aids including bag kicking and sword play for fun.

Wed	Ages 3-6	Field House	R/NR
Jan 3-Feb 21		4:20-4:50	\$92/\$110
Feb 28-Mar 28		4:20-4:50	\$58/\$69

## Tiger Kids/Family Martial Arts & Fitness

Kid's and their parents or just the kids can have fun while developing coordination, focus and fitness. Students can progress in Belts and learn the simple moves of Taekwondo/ Karate to the cool moves of the

Ninja Turtles (Kobudo Weaponry) and Kung Fu step by step promoting confidence, achievement & safety skill. Bag Kicking & Jedi Warrior sparring also for fun.

Ages 7+	4:50-5:30pm	Field House
Colored Belts	4:50-5:45pm	R/NR
Jan 3-Feb 21		\$92/\$110
Feb 28-Mar 28		\$58/\$69

## NO KIDS LEFT INSIDE

Outdoor play is extremely important for the developmental growth of our children.



Playground equipment here in Des Moines is in critical condition.

Join our \$200,000 quest to replace it. Visit our website and **DONATE TODAY** to support kids.

LEARN MORE [www.DMLegacy.org](http://www.DMLegacy.org)

## TEEN

### Des Moines Youth Council



Make new friends and gain leadership and organization skills participating in Des Moines Youth Council. The Council plans civic activities during the school year and participants earn credits towards reward activities offered at the end of the year – such as trips to Wild Waves or Seattle Mariners games. Open enrollment year round – request an application. Parents are invited to attend the first meeting. Call in advance to confirm meetings dates @ 206-870-6582 Facilitator, Recreation Staff.

Every Other Thu 3-5:00pm Grades 6-8 Free Field House

## Teen Dances

Kick it at themed dance parties hosted by the Des Moines Youth Council! Themed dance parties feature contests, concessions and dancing. Facilitator: Recreation Staff. Grades 6-8, dance waiver and student ID required for admission. Des Moines schools only (DM residents with parent verification).

Fri	Field House	R/NR
Feb 9	7:30-10pm	\$8
Mar 30	7:30-10pm	\$8
May 18	7:30-10pm	\$8



### Welcome to our new registration system DASH Online

Yes we have made the move to an Online registration system. Please follow the steps below to setup your account. Registering for Programs online at your convenience is now available. Office registration and payments will still be available.

1. Start by visiting: [www.desmoineswa.gov/dash](http://www.desmoineswa.gov/dash)



2. Select Create Account. Note: Enter YOUR personal information first, then add your children to the same account.
3. Enter Email address and choose email communication preference.
4. Enter your personal information and set up a password. On this screen you can also add children to the account.
5. To complete account set up, follow link provided with confirmation email. You are ready to login!

The first time you login, you will be asked to read and agree to The City of Des Moines liability waiver. Select "I have read and agree to the waiver", enter your account password and your initials for a digital signature. The waiver will be valid for one year from the date of signature. You are now ready to browse and register for activities!

## YOUTH SPORTS

### Leagues

#### Spring Youth Recreation Soccer League

Registration starts December 1 and closes March 4. U6 co-ed born 2012 or later, U8 co-ed born 2010 or later, U10 co-ed born 2008 or later.

Season Runs Mar 12-May 19.

Des Moines Area Fields

Registration Dates R/NR  
 Dec 1-Jan 31 \$71/\$84  
 Feb 1-Mar 4 \$81/\$95

### Coaches Meetings

Spring Youth Recreation Soccer League  
 Tue, Feb 20, 6pm Field House

For information about coaching, sponsorship and scholarships please call 206-870-6527.



## YOUTH ACTIVITIES

### Indoor Tot Time

As the weather turns bad outside, keep your little ones active indoors with age appropriate exercise and play! We will have fun tumbling mats, ride-on toys, and age-appropriate sports equipment available on hand. Join in the fun and watch them make new friends along the way.

Agnes 2-5 \$20/10-visit punch card or \$3/drop-in per child  
 Mon/Wed Jan 3-Jun 13 10am-12pm Field House



# Recreation Scholarships



## THE BENEFITS ARE ENDLESS!

The City of Des Moines Parks Recreation and Senior Services strives to make all programs and activities accessible to all people regardless of income. Scholarships will be granted on a percentage discount, depending on individual circumstances. All information will remain confidential. To be eligible for a scholarship, you must reside within the city limits of Des Moines, WA and meet the family size/yearly income requirements. Applicants meeting eligibility guidelines are awarded up to \$150 per quarter per calendar year. Eligible residents will be required to provide proof of identification, residency, and income. Scholarship applicants must be approved prior to registration. Call 206-870-6527 for more information.

La Ciudad de Des Moines Parques de Recreación y Servicios para Personas Mayores se esfuerza por hacer que todos los programas y actividades sean accesibles a todas las personas independientemente de sus ingresos. Las becas se otorgarán con un descuento porcentual, dependiendo de las circunstancias individuales. Toda la información permanecerá confidencial. Para ser elegible Para una beca, debe residir dentro de los límites de la ciudad de Des Moines, WA y cumplir con el tamaño de la familia / ingresos anuales. Reunión de solicitantes Las pautas de elegibilidad se otorgan hasta \$ 150 por trimestre por año calendario. Los residentes elegibles deberán presentar prueba de identificación, residencia, Y los ingresos. Los solicitantes de becas deben ser aprobados antes del registro. Llame al 206-870-6527 para más información.

Household Size	1	2	3	4	5	6	7	8
50% Discount	\$21,987	\$29,637	\$37,296	\$44,955	\$52,614	\$60,273	\$67,951	\$75,647
75% Discount	\$18,711	\$25,232	\$31,752	\$38,273	\$44,793	\$51,314	\$57,850	\$64,402
90% Discount	\$15,444	\$20,826	\$26,208	\$31,590	\$36,972	\$42,354	\$47,749	\$53,157

Example: If your family size is 2 and your income is \$20,826 or less, you are eligible for a 90% scholarship.

\* Acceptable forms of back-up information: Proof of Identity: driver's license, ID card, or passport. Proof of Residence: utility bill or rental lease agreement. Proof of Income: most current tax return, most current paycheck stub, DSHS check stub, SSI statement.\*

### Sunset in KHAOS

Relax knowing your child is fueled with a nutritious snack and will burn off that excess energy absorbed in lively games, seasonal arts and crafts, and creative play. Time is set aside for homework.

School dismissal-6pm (Price does not include Early Release days)

<b>Highline</b>	<b>R/NR</b>
Jan	\$244/\$297
Feb	\$215/\$262
Mar	\$244/\$297
Apr	\$187/\$227
<b>Federal Way</b>	<b>R/NR</b>
Jan	\$349/\$424
Feb	\$297/\$360
Mar	\$297/\$360
Apr	\$245/\$297
<b>Daily Fee:</b>	<b>(Must preregister to attend) R/NR</b>
Highline Sites	\$18/\$21
Federal Way Site	\$21/\$26

### Sunset in KHAOS: Early Release

90 minute early release days.

<b>Highline</b>	<b>R/NR</b>
<b>FRIDAY</b>	
Jan 5, 12, 19, 26	\$75/\$87
Feb 2, 9, 23	\$57/\$65
Mar 2, 16, 23, 30	\$75/\$87
Apr 6, 20, 27	\$57/\$65
<b>Federal Way</b>	<b>R/NR</b>
<b>WEDNESDAY</b>	
Jan 10	\$26/\$30
Feb 14	\$26
Mar 14, 28	\$43/\$49
Apr 11, 25	\$43/\$49
<b>Daily Fee:</b>	<b>(Must preregister to attend) R/NR</b>
<b>EARLY RELEASE FRIDAYS</b>	
Highline Sites	\$23/\$26
<b>EARLY RELEASE WEDNESDAYS</b>	
Federal Way Site	\$26/\$30

### Sunrise to Sunset

Give yourself worry-free days and a significant fee reduction.

<b>Highline</b>	<b>R/NR</b>
Jan	\$435/\$530
Feb	\$373/\$454
Mar	\$435/\$530
Apr	\$332/\$404
<b>Federal Way</b>	<b>R/NR</b>
Jan	\$441/\$536
Feb	\$378/\$459
Mar	\$399/\$485
Apr	\$336/\$408

### Break Time

This is your solution to not having time off when your child does! Break Time provides a warm caring and safe environment where friendships flourish and leadership skill blossom through participation in enriching experiences cleverly presented under the guise of arts, crafts, games, tutoring and reading. Children keep fit participating in active games and athletics. You send lunch we provide nutritional snacks!



#### 6:30am-6:00pm

DAY	DATES	DISTRICT	CAMP
Mon	Jan 15	FW & HL	MLK Holiday
Fri	Jan 26	FW	Semester Break
Fri	Feb 16	HL	Mid-Winter Break
Mon	Feb 19	FW & HL	Presidents Day
Tue	Feb 20	FW	Mid-Winter Break
Fri	Mar 9	FW & HL	In-Service Break
Thu/Fri	Mar 22-23	FW	Conferences
M-F	Apr 2-6	FW	Spring Break
M-F	Apr 9-13	HL	Spring Break

<b>Fees:</b>	<b>(Must preregister to attend) R/NR</b>
Daily Fee	\$40/\$45
Spring Break Fee	\$166/\$187



## NO KIDS LEFT INSIDE

HELP REPLACE OUR WORN-OUT PLAY EQUIPMENT

A non-profit  
501(c)(3) charity  
Tax ID #91-2019863

P.O. Box 13582  
Des Moines, WA 98198

Send a tax-deductible donation  
to help make sure our kids can  
continue to play outdoors

DONATE [www.DMLegacy.org](http://www.DMLegacy.org)

# EVENTS

## WINTER IN DES MOINES



### HOLIDAY TREE LIGHTING

**Friday, December 1, 6pm**

Community event with cookies, hot cocoa, caroling and photos with Santa.  
[destinationdesmoines.org](http://destinationdesmoines.org)

### BREAKFAST WITH SANTA

**Saturday, December 9, 9:15 & 10:45am**

Enjoy breakfast with Santa in one of two seating's at the Activity Center.  
[desmoineswa.gov](http://desmoineswa.gov)

### EGGSTRAVANGANZA

**Saturday, March 31, 9-10am**

Leisurely EGG HUNT, crafts, prizes and Easter Bunny photo at the Des Moines Beach Park. \$5 per child.  
[desmoineswa.gov](http://desmoineswa.gov)



### ARGOSY CRUISES CHRISTMAS SHIPS & BONFIRES

**December 6**

Community bonfire and choir singing from the Ship at Redondo.  
[Tickets at: argosycruises.com](http://tickets.at:argosycruises.com)

### POVERTY BAY WINE FESTIVAL

**Saturday-Sunday, March 3-4**

Taste Washington State's finest wineries and great music at the Beach Park Event Center.  
[drinktomusic.com](http://drinktomusic.com)



### ART ON POVERTY BAY

**Year-round**

Outdoor sculpture gallery. Locations at Redondo Beach and Marina District.  
[desmoinesartscommision.com](http://desmoinesartscommision.com)

### WINE & ART WALK

**Wednesday, February 21**  
in the Marina District.  
[destinationdesmoines.org](http://destinationdesmoines.org)

## Club KHAOS

### Kids Having An Outrageous School Year!

Our energetic and dedicated staff will ease you and your kids into an outrageous school year filled with fun, friendships and enriching experiences to stimulate their imagination, spark their learning skills and develop healthy habits with K-Fit!

### Grades K-6 Mon-Fri

**Registration Fee (One time):**

\$30 Resident (R)

\$35 Non-Resident (NR)

### Highline School District Sites:

Des Moines, North Hill, Marvista, Midway & Parkside Elementary Schools

### Federal Way School District Site:

Woodmont Elementary School

### Financial Scholarships Available:

Please call 206-870-6527 for detailed information!

**Monthly sessions throughout the school year.**

**(Must register for full month for discounts shown)**



### Wake Up in KHAOS

Start your child's day with friends and caring staff. A nutritious snack and a morning filled with enriching activities, individual and group playtime. 6:30am-school starts.

6:30am-School Starts



### Highline

	R/NR
Jan	\$301/\$367
Feb	\$258/\$314
Mar	\$301/\$367
Apr	\$230/\$279

### Federal Way

	R/NR
Jan	\$245/\$297
Feb	\$210/\$254
Mar	\$221/\$269
Apr	\$186/\$226

**Daily Fee: (Must preregister to attend)**

	R/NR
Highline Sites	\$18/\$21
Federal Way Site	\$14/\$17

Your Guide to Des Moines Parks, Recreation & Senior Services

# Rec'n Roll



WINTER 2018



## Club KHAOS

Before and  
After School Care

**PAGE 2**

## Soccer Registration

Begins Dec. 1

**PAGE 4**

## Adults — Blueprint for Living

Presentations & Workshops

**PAGE 13**



## TO THE BEACH →

# Summer in Des Moines

UPCOMING COMMUNITY ACTIVITIES • VISIT [WWW.TOTHEBEACHWA.COM](http://WWW.TOTHEBEACHWA.COM)

### PARKSIDE PARK RIBBON CUTTING

Thursday, May 17 • 3:30pm

Join us at Parkside Park for a rededication of the park. Funding partners King County CDBG, King County Youth Athletic Sports Grant and Department of Ecology.

### ART ON POVERTY BAY— YEAR-AROUND RIBBON CUTTING

Saturday, June 2 • 11am

Outdoor sculpture gallery. Locations at Redondo Beach, Marina District and South 216th. [www.desmoinesartscommission.com](http://www.desmoinesartscommission.com)

### LOW TIDE MUSIC FESTIVAL

Saturday, June 2 • 2–8pm

Bands including Emma Lee Toyoda, Dogbreth, Hardly Boys, Sleepover Club, Jennifer Ward, Baywitch [www.desmoinesartscommission.com](http://www.desmoinesartscommission.com)



### WATERFRONT FARMERS MARKETS

Saturdays, June–September • 10am–2pm

Showcases local fresh farm produce, artisans and foods at the Marina. [www.dmfm.org](http://www.dmfm.org)

### PARKRUN

Saturday, June 9 • 9am

Every Saturday beginning June 9th enjoy a 5K run or walk on the Des Moines Creek Trail. [www.parkrun.com](http://www.parkrun.com)

### GREEN TECH EVENT

Saturday, June 9 • 12–7pm at Midway Park

Midway play area (Rotary) and Farmbot (Key Tech Labs) ribbon cutting.

### KAYAK AND PADDLEBOARD ADVENTURES

June through August

Olympic Outdoor Center sunset tours and equipment rentals at Redondo. [www.olympicoutdoorcenter.com](http://www.olympicoutdoorcenter.com)

### FIREWORKS OVER DES MOINES

Wednesday, July 4 at the Des Moines Marina Independence Day Celebration on the waterfront. [www.destinationdesmoines.org](http://www.destinationdesmoines.org)

### SMOKE ON THE WATER

Wednesday, July 11 • 5–7pm at the Beach Park Community BBQ, Beer and Wine Garden, Root Beer Floats & Music. Ticket required. [www.destinationdesmoines.com](http://www.destinationdesmoines.com)

### BEACH PARK SUMMER CONCERT SERIES

Wednesdays, July 11 through August 22 • 7pm

Shakespeare In the Park • Sunday, August 5 • 5pm Great entertainment on the waterfront. Beer and Wine Garden. Donations encouraged. [www.desmoinesartscommission.com](http://www.desmoinesartscommission.com)



### LEGACY FOUNDATION'S BIDS FOR KIDS AUCTION

Wednesday, July 11

5–8pm at the Beach Park

Supports activities and after school programs for low-income youth. No tickets required. [www.desmoineslegacy.org](http://www.desmoineslegacy.org)

### WASHINGTON STRONGEST APPLE

Saturday, July 14

Weightlifters from across the state compete at the Marina. [www.strongmancorporation.com](http://www.strongmancorporation.com)

### SEAFAIR WATERLAND FESTIVAL & PARADE

Friday, July 20 through Sunday, July 22

Family events, NW Arts & Crafts Show, Parade and Car/Motorcycle/Wooden boat show in Marina District. [www.destinationdesmoines.org](http://www.destinationdesmoines.org)

### MOVIES IN A PARK

Fridays in August

8/3 *Black Panther*, 8/9 *The Sandlot*,

8/10 *Coco*, 8/17 *Cars 3*, 8/24 *Jumanji*

Great family movies at dusk in parks around the City. [www.desmoineswa.gov/160/Recreational-Activities](http://www.desmoineswa.gov/160/Recreational-Activities)

### POVERTY BAY BLUES & BREWS

Saturday, August 25 • Noon–8pm

Great Blues music and Craft Breweries at the Beach Park. Ticket required. [www.drinktomusic.org](http://www.drinktomusic.org), [www.dmnprotary.org](http://www.dmnprotary.org)

### ARTS GALA ON POVERTY BAY

Friday, September 21 • 6–9pm

Arts auction to benefit Des Moines Arts Commission's annual events. Ticket required. 206-870-6527 [www.desmoineslegacy.org](http://www.desmoineslegacy.org)



Below: Beach Park Summer Concerts



Your Guide to Des Moines Parks, Recreation & Senior Services

# Rec'n 2011

SUMMER 2018



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www.desmoineswa.gov/dash | Recreation 206-870-6527

Senior Services 206-878-1642 | Meeting & Facility Rental 206-870-9370